



* Supporting A Dementia Friendly Society *

NORDEN STAR



Volume 54, Issue # 8

Celebrating Our 84th Year

October, 2022

Meeting normally each 4th Sunday of the month at Saint Peter's Lutheran Church, Huntington Station, NY
 Phone (516) 791-3983 NordenLodge407@Gmail.com -Next Meeting **Sunday Oct 23rd, 2 PM**
 On [Facebook](#) at: **NordenLodge3-407 Sons of Norway** - On the [WEB](#) at **NordenLodge3-407.org**
Deadline for Items for the November, 2022 Newsletter PERIODICAL is October 30, 2022

PRESIDENT'S MESSAGE

Hi Everyone,

We held our first meeting following our Summer break in September along with our first new committee zone meeting the week before followed by Barbara 17th of May Pparade meeting so we know it is autumn and meetings are in full swing. We had a nice attendance with Christine and Craig joining us on zoom, that is such a good addition for those who cannot make the meeting in person. It was really nice to see everyone, especially those who did not make the meeting.

The lodge has booked the dates for our next meetings until June.2023 as: Oct 23, 2022, Nov 20, 2022, **Dec 4 2022 (Julefest)**, Jan 22,2023, Feb 26, 2023, March 26,2023, April 23 2023, May 19 2023 (Fri at 7 PM), Jun 25 2023.

So put these dates on your calendar and join us at the meetings.

Zone 1 is in full gear and making plans for all of us to join in. Norden and the other lodges are not too far behind. Norden is planning 1 Ducks game next summer, our picnic, and an Atlantic City trip in the spring. Norden is planning to open the events to those in other lodges, so keep checking our newsletter for more updates. Henrik Ibsen is ready to have their Bowling for Fun in the spring besides their famous fishing trip. Zone 1 already booked the bus to Scanfest for next Labor Day weekend. I am sure others are planning things and as we learn about them we will share and let you know.

We lost a true supporter of Norden Lodge, Charlie Varady has passed to Lodge Eternal. His information was sent out to our members and also a call post to those who do not have an e-mail account.

Next month will be our Octoberfest style meeting and if you would like to wear a costume please feel free. It could be fun. I have not decided what I am wearing yet, so it will be a surprise to me as well as you.

There was some discussion about the webinar style International Convention and it seemed to be just a talk fest on where we are and what is happening. The sessions were almost 4 hours the first day and only 45 minutes the second. There was no conversation or back and forth questions. We are not sure what will be in 2024, it may be interesting to see how things progress for our future in Sons of Norway.

District President Steve said they had their board meeting and he had appointed numerous committees and they have begun working. The District Board is reviewing many different phases of the district. We will learn more about them when they are approved by the board and the information is completed.

Our insurance representative Bob McKeever suggests looking into an annuity rather than the stock market. The annuity is secure and will gain funds whereas the stock market can go up and down and right now is questionable. Check out your accounts and see if that would be the way to go. Give him a call I am sure he will give you the best information for your income.

Karen said that Suffolk Literacy is having their major fundraising event and the clothing drive. They are always looking for people to be tutors to those in need. Those wanting to learn has a longer list than those ready to tutor. They will train you and explain the where's what's and why's needed to become a tutor. Please let Karen know if this is something you would like to do.

See you on Sunday October 23, 2022.

Fraternally, Roy

**** **HAPPY LIEF ERIKSON DAY OCT 9th** ****

If you hear of anyone who is not feeling well, or needs some cheering up, please contact our **SunShine Lady**, Karen Olsen-Helmold (516) 935-0751, so we can respond & get the word out.

PLEASE WEAR YOUR NAME TAGS TO EVERY MEETING.

As voted, a \$1.00 reminder fee for a temporary name rental will be charged each time you forget. This could be fun! Only excellent above reproach excuses will be exempted by Vote on the floor. **See Les Johannessen for your Tag**

NORDEN ALWAYS WELCOMES NEW MEMBERS AND GUESTS



*** NORDEN OFFICERS FOR 2021 ***

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Outer Guard: Mary Booton	Call Editor

Minutes Summary –September 25th Meeting

President Roy opened our meeting of Norden Lodge #3-407. He stated it was really nice to see so many here.

Barbara got an e-mail from Sandy telling her the church was having a nice retirement gathering for their custodian in case we arrived too early. All was ok. After the Pledge of allegiance, Kristin took a silent roll call of officers. The minutes were approved as distributed.

President Roy asked everyone to rise for a moment of silence for our dearly departed member Charlie Varady who passed last Saturday. He was a wonderful member and a good supporter of Norden Lodge. Les will send an e-mail when we know the specifics of the wake and funeral. President Roy stated we will need to have elections for the 2023-2025 year and asked for a volunteer to chair the nominating committee. Karen O-H volunteered. Thank you Karen.

Shirley was absent so we did not have a financial report.

Correspondence Kristin read the correspondence.

1 - Flyer from Dirk – Third District National Giving Day -- we already do helping hands and Suffolk Literacy programs.

2 - Secretary letter is available to look at.

3 - The change in the governance policy for the International Board.

Committee reports

Social director: Janet made copies of a “find the clue” puzzle, they are on the tables. Janet also showed off her rosemaled clogs and her stereoscope and photos for us to view, both she bought at Scanfest. Barbara: ordered our dinner for today. We are having meatloaf and the trimmings.

Newsletter: Les – said nothing new but he does have additional copies with him of the newsletter.

Sports: 1) Kristin said the *fishing with Henrik Ibsen Lodge* – went well and her cousin Inge caught a “star-fish” which could be poison if you touch the gills. All had fun. Les said he may have more veterans who want to join in the fun. Roy said he learned a lot about Les when he was talking to them for a time.

2) Picnic on august 14th went nicely. Kristin said it was nice to have a cooker for the dinner so she would work on other things. Ellen played for us and Finn joined the picnic and enjoyed playing with her. We had 31 members, 4 from other lodges and some guests. Janet said the kids had a great time. All enjoyed getting together and eating good food.

3) Ducks games on July 27th Kristin said she had to cancel the first game due to lack of participation but the second in August went well. She said next year she is only booking one and would like to open it out to the zone lodges. Roy said he had a great time for his first visit to the games.

4) Atlantic City will be held in late March or early April. (But not Easter weekend. checking the dates, it was decided to have it on April 22nd and again open it up to the zone lodges. It will be first come first serve and Norden members will get first crack. There will be a deadline date for Norden members to sign-up so we can open it up to other lodges. So mark this date on your calendar.

Zone: Barbara said we have the bus scheduled for Scanfest next labor day, so if you would like a seat on the bus, you will need to make plans and save your seat. We will make decisions for the deposit to save the seat, estimated about \$30 per person. Our next zone 1 meeting on October 19. Karen announced that the Zone voted and approved to support the clothing drive for Suffolk Literacy as a group. This will help all the lodges in Zone 1 full fill their obligation for the new Fraternal and Foundation Dir. Dirk Hansen and committee’s Giving Day for the district. The Zone approved hosting the clothing drive. It will be held on Tuesday, Oct 25th Karen stated that if you bring your slightly used clothes and similar items to the next meeting she will take them out to the sale area. The collection drop will be between 1 – 3pm. She will need help loading the truck and asked for volunteers. Roy and Roy Jr. did so far. All others contact Karen to let her know. Barbara also announced that there are new members added to the scholarship committee and the bylaws will be checked over again and hopefully new ideas for fundraising. Karen offered her home as the first meeting.

Sunshine: Karen announced that she is sending flowers to Lee Walendorf who is better and living with Kristin and chuck, Gladys Ecock is home and living with Barbara and Roy, Chuck had his back operated on and his wrist was done. Jean Rogers was in the hospital with pneumonia.

Parade: Barbara announced the parade committee will meet on October 5th to decide on the theme and the pin design. We had elections and Ken Johnson is the new general chair. I am the sons of Norway co-chair and the secretary for the time I can be replaced. We need a journal chair to take over our largest fundraiser. Most of the busy time is after January and it is busy for about 3 or 4 months until the journal is at the printer.

3rd District: President Steve & Secretary Karen. Steve announced they had their first meeting yesterday and he appointed 9 committees to look over all the aspects of the district. They are checking places for Youth Camp again this summer and hope to have a location by the end of October. It will be held in early July. Remember the children or families do not need to be members to attend. He announced the different committees: Convention Guidelines; Local Lodge assistance; Scholarship – to review if there is a viable district scholarship and the camperships from 3D; disbursement of the sale of LOV funds; re-zoning the zones if needed; bylaws reviewing.

Suffolk Literacy program: Karen said there is the major fundraiser next Sunday. They are asking for sponsorships. Karen said the different categories. **Barbara made a motion to sponsor Suffolk Literacy with the \$500 sponsorship. Janet second. Carried.** With the sponsorship we get 2 free tickets to attend the fundraiser. those tickets are \$50 per person. **Barbara made a motion to pay back Karen and Steve for attending. Kristin second carried.** Karen stated if no-one else wants to attend on Norden, she will take them but would like to see others join them. Karen announced the clothing drive as reported above.

Old business

1. International convention update – there was a lot of discussion between Steve, Karen and Barbara who attended by zoom. It was only a webinar and there was not discussion only the IBOD President Stubbings and the CEO Pinkerton speaking about what is going on. The first day it was a little over 3 hours and the second day 45 minutes. Our own Mary Andersen won the International Treasurer position. Congratulations to Mary.

New business (SEE PAGE 5 FOR NEW MEETING DATES)

1. Bob McKeever had a funny joke and said the annuity is stable where the stock market is questionable.
2. Craig and Christine said it was nice to talk and see everyone again even if it is on zoom.
3. Janet said the puzzles are on the table – enjoy



(Continued From Pg 2)

4. Henrik Ibsen bowling for fun will be held in late February or early March.

5. Nor-Bu's 80th Anniversary was very nice and well attended. Steve was guest speaker and he did a great job.

Counselor Steve: may peace and harmony prevail within our lodge.

Our next meeting, will be on Sunday Oct 23 at 2-pm. We will again have a zoom meeting.

**** if you so choose – wear a costume and we will celebrate Halloween.

I would like to thank everyone for coming today.

I now declare this business meeting adjourned at 3:10pm.

Respectfully submitted: Secretary Barbara Berntsen

***** UP COMING EVENTS *****

Long island's only

Scandinavian & NORDIC Bazaar

Featuring Norway, Sweden, Denmark, Finland & Iceland



Hosted by Loyal Lodge #252 – Sons of Norway

Saturday, November 5, 2022 10 am to 4 pm

St. James Lutheran Church Parish Hall

230 Second Avenue, St. James, Long Island, NY
Corner of Woodlawn Avenue and Second Avenue

Imported food items: Norwegian cheeses, chocolates, along with your favorite Scandinavian cakes and cookies

Lots of decorative items and T-Shirt's

We are serving a delicious Scandinavian lunch Kitchen open from 11 am to 3 pm, cash only please

OUR BEAUTIFUL 24 FOOT VIKING SHIP WILL BE ON DISPLAY

Raffle drawings for a Scandinavian food basket and many other items!

E-mail address: LoyalLodge252@yahoo.com

Our website: Sonsofnorwaystjamesny.org

Facebook page: Loyal Lodge Sons of Norway



Loyal Lodge is hosting an Oktoberfest Sunday, October 16th from 1PM to 5PM in The Parish Hall of St. James Lutheran Church 230 Second Avenue Cost is \$40 per person

include: German food, homemade Oktoberfest beer, wine, soda, desserts & entertainment by: The Swedish Meatball

Ellen Lindstrom RSVP will be required

Deadline for reservations is Sunday, October 9th

ALL ARE WELCOME!!!! Bring Friends!!!

Forms info available via Your Editor

Contact: Karin Ryan 631-862-8017 or karinryan1@yahoo.com

HAPPY LIEF ERIKSON DAY

On October 9, Nordic communities worldwide will



celebrate Leif Erikson Day – remembering the explorer credited with bringing the first Nordic people to America around the year 1000. The holiday has been adopted by a variety of states throughout the 20th century and represents a celebration of Norwegian explorers, the spirit of discovery, and the contributions of Norwegians in America. It's a great opportunity to tuck in for a plate of herring and read up on your history of discovery!

HISTORY OF LEIF ERIKSON DAY

Leif Erikson was likely born in Iceland around 970 or 980, son of Erik the Red and Thjodhild, and distant relative of the explorer who was said to have discovered Iceland. He was a true Viking from the start and had two brothers and a sister. His father was banished from Iceland and went to Greenland to establish the first permanent settlement there in 986.

Leif, however, apparently had enough of the extreme cold. He and his crew traveled to Norway in 999, where he was converted to Christianity and given the mission of introducing Christianity to Greenland. This was essential to his legend, as it was during this journey to Greenland, 500 years before Columbus would sail the ocean blue, that he was apparently blown off-course to what he called "Vinland." Hint – it's North America!

The New World to Leif is Eastern Canada to us, but that didn't stop him from naming it "Vinland," after all of the vines and grapes that covered the land. His crew built a settlement there for visitors and spent the winter in their undiscovered territory. Come Spring, Leif's crew loaded their ship with grapes and timber and headed back to Greenland.

Nothing is known of his death, which was presumably in Greenland. However, his legacy has lived on for centuries. As word of his travels spread, other Norwegian explorers made the journey to Vinland, even making contact with the indigenous people. Norse settlements peppered Vinland, though they did not last. The Norwegian people were earning a reputation for these journeys, which spread toward Europe rapidly – some believe even Christopher Columbus had heard about it.

Norwegian people identify themselves and their culture with the courageous and intrepid explorations of Leif Erikson. As they immigrated in droves to the United States, statues of Leif Erikson began to crop up, and Scandinavian communities, particularly in the Midwest, still define themselves by his spirit and legacy today!

HAPPY LEIF ERIKSON DAY!

OCT. 9th



HINGA-DINGA-DORGIN!





FROM THE 3RD DISTRICT



Fra President 3D, Steve Helmold. October, 2022 - Fall is upon us and your Third District Board and its committees have been very busy working in all areas of District business.

The website committee met and determined that the district website was too old and recommended to the Board that a completely new website was needed, so I appointed a website search committee to get quotes (bids) from companies for what was needed for a user-friendly website that would allow us to add more things on as needed in the future. Cost for the new website will also be considered. This committee will choose the top 3 bids and refer those bids to the Board for a final decision.

Tom Bakos, Third District Youth Camp Director with Susan Olson, Third District Youth Director are working on having youth camp in summer of 2023. If you have children, grandchildren, nieces, or nephews of camp, age 8 to 16 years old, please consider having them attend youth camp so they can learn about their heritage and culture and make new friends.

Tom and the District Board are looking at sites for camp which would be in either New Jersey or New York. The final decision for the site will be decided at the Third District Board meeting at the end of October. Susan will be sending out letters to the lodges to see if there are any children that would like to attend camp. Please respond to her letter.

The By-Laws and Policy Review Committee have been busy updating the Third District by-laws and polices since the new International Constitution and By-Laws came out in mid-September. The International Constitution and By-Laws are available for you to view on the Sons of Norway website.

The convention policy committee has been working on convention policies for potential host lodges/zones which will help them to know what is expected of them and what they can expect of the District. This will be a big help going forward as the policy book for conventions needed to be brought up to date and clarified.

The Local Lodge Support Committee (Team) has met several times and is working on ways to help lodges that are struggling with their membership, programs and getting officers. They have renamed their committee to the Lodge Revitalization Committee, a name that better fits their goals.

Going forward I am going to be starting zoom meetings with all the district lodge presidents so they can express their concerns about their lodges, zone, district, and Sons of Norway. Hopefully, this will also be an opportunity for the sharing of ideas among lodge presidents.

We have hopes to have zoom meetings with the District Vice President and lodge vice presidents coming up in the new year so they can discuss membership issues.

It is my goal to have better communications with all the district lodges and the District Board.

If your lodge has zoom or hybrid meetings please include me in your zoom link invitation, as, if possible, I would love to attend your meeting.

Fraternally, Stephen Helmold

VIKINGS ONCE CALLED NORTH AMERICA HOME

Centuries before Columbus, a small band of Norse people explored the Canadian coast. For now, the only proof is a single settlement. Here's what's known about how the Vikings came to North America, where they landed and why they left.

Vinland, or the "land of wine," isn't listed on any modern map. A thousand years ago, however, it served as the stage for a monumental moment in world history. Icelandic sagas record it as the place where, 500 years before Columbus ever sailed a ship, the Vikings became the first Europeans to set foot on the so-called "New World," even building a short-lived settlement.

By the late 980s A.D., these Norse seafarers had already established colonies in Iceland and Greenland, the Atlantic stepping stones that brought them within range of the Canadian coast. From there, according to the oral reports of the time (written down two centuries later in the *Saga of the Greelanders* and the *Saga of Erik the Red*), the Vikings stumbled upon North America around A.D. 1000. Over the next couple decades they made several expeditions to this new-to-them world. They built homes, harvested resources, traded — and clashed — with the natives. Then, as quickly as they arrived, they abandoned Vinland.

The two accounts often differ. In the *Saga of the Greenlanders*, after the accidental sighting of unknown western lands, Leif Eriksson explores three distinct regions of Canada: Helluland, or "land of flat stones," which was probably the barren Baffin Island; Markland, or "land of forests," which was probably along the Labrador coast; and Vinland, a warm region in what is now the province of Newfoundland where Eriksson and a small crew wintered. In the *Saga of Erik the Red*, Eriksson is the accidental discoverer of Vinland, and an Icelandic merchant named Thorfinn Karlsefni is its explorer.

Details aside, we now know these tales are at least broadly true: The Vikings *did* venture to North America in roughly the timeline the sagas describe, making them the first people to bridge the world's oldest cultural divide.



LODGE SAVE THE DATE 2022/23

- Oct 23* – Octoberfest Meeting with Live Music (St. Peters)
- Nov 20 – Lodge Meeting (St Peters) 2PM
- Dec 4* - - Christmas Celebration with Live Music
- Jan 22 – Lodge Meeting (St Peters) Sunday 2PM
- Mar 26 - Lodge Meeting (St Peters) Sunday 2PM
- Apr 23 - Lodge Meeting (St Peters) Sunday 2 PM
- May 19* - Lodge Meeting (St Peters) **Friday** 7 PM
- Jun 25 - Lodge Meeting (St Peters) Sunday 2 PM

* Notes Change of planned meeting date.

Other Activities In Our Zone!!!

- Aug 21 – Ibsen Fishing Trip out of Captree (GREAT EVENT)
 - Oct 16 – Loyal Lodge Octoberfest 1-5 PM Luth Church St James
 - Nov 5 - Loyal Lodge Bazaar 10 – 4 PM Luth Church St James
 - Mar 5 - Ibsen Lodge Bowling for Fun – More Info to Follow
- There Will Be More coming !!!!

*** BIRTHDAY CELEBRATIONS ***

Month's Birthdays – Gratulerer Med Dagen!

Name	Day	Name	Day
Mary T Booton	1	Olaf B Johnsen	19
Kate E Johnsen	2	Pamela Sachs	20
Robert J Saunders	2	Michael D Di Pierro	20
Ann Omholt	8	William Anthony Jensen	23
Barbara A De Cote	12	Kristen Johannessen	24
Krystal M Gottilla	12	Robert Ryan Wick	24
Carol A Jacobsen	14	Kaylin Roth	28
Andrew J Gottilla	15		

Over 5 Yrs Membership Milestones Congratulations:

- Norma Frey – 57 Years Idunn Gerd Snemyr – 50 Years
- Steven Lygren - 49 Years Loseph Accordino – 46 Years
- Sloveig (Ruth) Accordino – 46 Years Paul Guida – 41 Years
- Ellen Sangesland – 39 Years E Clifton Holvedt – 31 Years
- Evelyn Arnum – 31 Years Linda Peterson – 15 Years
- Gladys Ecock – 15 Years Heidi Christina Varady – 13 Years
- James J Varady – 13 Years Brandon Varady – 13 Years
- Inger Nielsen – 11 Years Ethel McKeever – 8 Years
- Cheryl Heiberg-Karmen – 6 Years Christina Varady – 5 Yrs

MEMBERSHIP CORNER

We need you! Your officers have been attempting to develop programs and activities we all can be engaged in, but we need your help. Want to see what we mean ask or we get what we always got

**** Make a list and bring it to a meeting to discuss ****

“YOU TUBE” Video Recommendations

As you have , I am sure, noted that the “Video of Interest” section has been discontinued for the last two issues. - The question has been raised as to whether they were of any value to many. Or was it the technology comfort that made it troublesome for many to take advantage of? If that is the case should we be viewing them at our meetings? We need feedback, please mention any comments you may have any of our officers.

2020 Norden Star Boosters Updated 06/01/22

- | | |
|----------------------------------|------------------------------|
| Berntsen, Barbara & Roy 5/24 | Meusel, Helen 6/27 |
| Berntsen, Margret 5/23 | Ohsberg, Norma 3/20 |
| Berntsen, Roy Jr 5/23 | Olsen, Magda 5/20 |
| Carlson, Craig & Christine 11/22 | Rucci, Hector & Nancy 7/25 |
| Christensen, Ann & Norm 10/20 | Sandberg, Mildred 4/23 |
| Colasonno, Else 4/21 | Seals, Nancy 5/23 |
| Erland, Shirly 9/22 | Sorg, Mabel 6/26 |
| Fidje, Jorgen & Ester 10/21 | Tonon, Anna 5/22 |
| Frey, Norma 2/23 | Torkelsen, Lars & Astri 3/20 |
| Hansen, Elsa 6/23 | |

IN MEMORY OF

- Green, Ruth Ann 1/20
- Erland, Endre & Sigrid 9/22
- Frey, Judith 2/23
- Johansen, Lars, Sigrid & Art 10/23
- Jacobsen, Edward 4/24
- Larssen, Tryggve & Signe 3/23
- Olsen, Dennis 3/21
- Stuckman, Erik 12/22
- Skauvold, Harry & Kate 12/22

COMMEMORATORS

- Sister Karen Carella
- Daughter Shirley Erland
- Daughter Norma Frey
- Family
- Brother John & Wife Carol
- Daughter Greta & George Brown
- Wife Magda Olsen
- Mother Barbara
- Daughter Christine Carlson

Room for more members that would like to join us. The \$5/Yr helps mailing costs. The dates following the names denote the end of the annual support
Please make checks payable to Norden Lodge 407

WE THANK ALL OUR BOOSTERS HELPING TO GET THE NEWSLETTER OUT

Help Literacy Suffolk Clothes Drive

Literacy Suffolk will be collecting clothes, hats, gently used shoes, jackets, handbags, blankets, etc.



Literacy Suffolk will get \$.20 per pound and the items will go to those in need. A real win-win.

Please bring your donations to our October meeting and I will get them to the drive. Thanks, Karen



Til Minne



Our Lodge has once again lost one of it's favorite sons in the passing of Charles Varady . Many will recall Charlie joining our Lodge with his wife Gloria and adding a sense of friendship and true fraternalism. He always had a smile for us all and worked hard to make our Lodge go. Although we have not seen much of Charles in recent years with Covid on our doorstep, we will miss his smile and the kind words he had for all that he met. Rest Old Friend.

Some Cultural Items for the Month

Cultural Corner: **London's Viking Lineage (part 2)**

<https://www.heritagedaily.com/2017/12/londons-viking-lineage/104235> - Viking Invasion by Sweyn Forkbeard *Map of England in 878* ↓

Peace reigned for London into the 10th century, until Viking attacks were once again continued by Sweyn Forkbeard of Denmark in 994. During this time, Æthelred II (Æthelred the Unready) was the Anglo Saxon King and favored London as his capital.

According to the chronicles of John of Wallingford, Sweyn was involved in raids against England during 1002–1005, 1006–1007, and 1009–1012, to revenge the St. Brice's Day massacre of England's Danish inhabitants in November 1002. Historians have considered the massacre as similar to a large-scale ethnic cleansing of the Danes in England, a cleansing that was orchestrated by Æthelred the Unready. As Sweyn swept across England, London was subject to a long Viking siege in 1013 and eventually capitulated to the Viking invaders. King Æthelred sent his sons Edward (Ironside) and Alfred to Normandy, and retreated to the Isle of Wight, where he fled overseas in exile to seek support from his ally, the Norwegian king Olaf. A Norse saga tells of a battle when King Æthelred returned to attack Danish-occupied London.

According to the saga, the Danes lined London Bridge and showered the attackers with spears. Undaunted, the attackers pulled the roofs off nearby houses and held them over their heads in the boats. Thus protected, they were able to get close enough to the bridge to attach ropes to the piers and pull the bridge down, thus ending the Viking occupation of London. This story presumably relates to Æthelred's return to power after Sweyn's death in 1014, but there is no strong evidence of any such struggle for control of London on that occasion.

Viking Invasion by Cnut the Great: War loomed again, when in the summer of 1015, Cnut the Great, son of Sweyn Forkbeard set sail for England with a Danish army of perhaps 10,000 men in 200 longships. The invasion force was to engage in close and grisly warfare with the English for the next fourteen months. After Æthelred's own death in 1016, his son Edmund Ironside was proclaimed King by the "witagememot" (meeting of wise men). Whilst Edmund was away gathering forces to bolster England's defenses against Cnut, London once again was subject to systematic sieges by the Viking forces but repelled.



← *Medieval impression depicting Edmund Ironside (left) and Cnut (right)*

London captured by treaty

During the Battle of Assandun on 18 October 1016, Edmund

was defeated and surrendered to Cnut all of England north of the River Thames. Accession to the reign of the entire realm was set to pass to Cnut upon Edmund's death. Edmund coincidentally died weeks later that led to Cnut gaining control of the remaining Saxon territories and London. His coronation to the throne of England took place in London on Christmas day that year. Cnut maintained his power by uniting Danes and Englishmen under cultural bonds of wealth and custom, rather than by sheer brutality. The protection he lent against Viking raiders (many of them under his command) restored the prosperity that had been increasingly impaired in England.



Historian Norman Cantor has made the statement that he was "the most effective king in Anglo-Saxon history", despite his not being Anglo-Saxon.

Barbara

History Article: **A major 2021 Viking find from 1021 illuminates North America's past — and our present – part 1**

<https://www.nbcnews.com/think/opinion/major-2021-viking-find-1021-illuminates-north-america-s-past-ncna1286654>

If the felling of three trees 1,000 years ago can shed light on a history that helps us make sense of the world today, what little event might provide insight in 3021?

By Joel D. Anderson, assistant professor of history at the University of Maine Dec. 27, 2021

In 1874, Rasmus B. Anderson, a professor at the University of Wisconsin, published a [book](#) with an exceedingly blunt title: "America Not Discovered by Columbus." In 2021, that thesis was bolstered with a precise date. Using state-of-the-art technology to establish the age of wooden remains from Newfoundland, scientists determined, according to a [paper](#) published this fall, that Vikings arrived in North America no later than 1021. One thousand years is, conveniently, a large round number — one that invites us to ask, if only for a moment, what meaning and significance we might draw today from the Vikings' explorations of North America long ago. It is a particularly relevant question as we review the headlines from this past year to draw lessons and insights as we head into the next.

Even the briefest of glances at the Vikings' world reveals its intercontinental scale and scope.

In the 19th century, Anderson had no access to the advanced scientific techniques that led to this year's breakthrough. Instead, he used his expertise in Old Norse language and literature to make the case that the Vikings set foot on what would be known as North America at the very beginning of the 11th century, 500 years before Columbus' arrival. The book's primary evidence was drawn from two Icelandic sagas: the "Saga of the Greenlanders" and the "Saga of Erik the Red." [Written down in the 13th and 14th centuries](#), these stories describe a series of expeditions to previously unknown lands south and west of Greenland in the early 11th century.



Copy of photo at L'Anse aux Meadows in Newfoundland:

In the 1960s, archaeological excavations in Newfoundland confirmed beyond a shadow of a doubt what Anderson had argued, namely that the Vikings had traversed the Atlantic long before Columbus. Building on local lore and on the earlier work of amateur enthusiasts, archaeologists [discovered at L'Anse aux Meadows](#) the remains of eight structures that [resembled Viking ruins](#) from Iceland and Greenland. Subsequent digging turned up [several objects](#) — among them a bone needle, a whetstone and a soapstone spindle whorl — that proved that the site belonged to the Norse. While the bulk of the evidence suggested that L'Anse aux Meadows was settled in the late 10th or early 11th century, available dating techniques remained imprecise. Thankfully, in October, an article in the journal *Nature* provided the most secure date yet for the [Vikings' presence in North America](#). The study zeroed in on three pieces of wood obtained from L'Anse aux Meadows. Each had been cut with a metal tool, perhaps an ax, a technology that was not used by the indigenous groups of the area in the 11th century. The scientists leading the study then turned their attention to dendrochronology, or tree-ring dating, a field whose precision has advanced considerably in recent years.

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Following the identification of an unusual so-called [Miyake event in 993 and 994](#), in which spikes of the isotope carbon-14 in the atmosphere changed how tree rings from that time appear, the scientists searched for this distinctive radiocarbon signature in the rings of their three specimens. Using this method, they calculated that the trees were felled 28 years after 993: exactly a millennium ago, in 1021.

In the 1,000 years since, the history of the Vikings' voyages to North America has been fashioned and refashioned to suit many different agendas. For Rasmus Anderson, the Vikings of the sagas had much to offer 19th-century America. Indeed, the Norsemen were almost proto-Americans. They were independent, freedom-loving explorers whose far-flung exploits foreshadowed the immigration and westward expansion that were shaping America as Anderson was writing. Of course, in the 21st century we are, or should be, more sensitive than Anderson was to the potentially tragic dimensions of the story. According to the sagas, the Vikings encountered, in the place they called Vinland, native peoples whose descendants would be devastated thanks to their contact with Europeans.

Barbara

Ruud's triumph reflects a new era

[Norwegian athletes](#) aren't just excelling in skiing any longer. Tennis player Casper Ruud is the latest to

catapult to the top of his sport internationally, joining the ranks of other young Norwegian superstars in football, track and field, chess and golf.

Just before the 23-year-old Ruud advanced to the final at the US Open in New York over the weekend, Norwegian football (Soccer) star [Erling Braut Haaland](#), age 21, was being widely acclaimed as one of the best players the world has ever seen. His steady scoring and brilliant start in the Premier League for Manchester City has been playing out in tandem with fellow Norwegian football hero [Martin Ødegaard](#), who now plays for Arsenal and has already advanced to being captain of Norway's national men's football team at the age of 23. Norway also claims some of the best women's football players in the world, like [Ada Hegerberg](#) and [Caroline Graham Hansen](#).

Norwegian track and field stars like [Karsten Warholm](#), age 26, and [Jakob Ingebrigtsen](#), 21, have also grabbed international headlines. Both have been winning gold medals at the Olympics and the World Championships after growing up in small and often wind-swept towns along the West Coast.

Norway has also long been home to the world's reigning [chess champion, Magnus Carlsen](#), and the golf world has been impressed by 24-year-old [Viktor Hovland](#), even though he didn't play well this past weekend. Hovland's success on the golf circuit follows that of Norway's Suzann Pettersen and like Ruud, Hovland is battling his way to the top of his sport.

National Soccer team disappoints its fans.

Norway's national football team has some of the best professional players in the world, but just can't seem to make it work. Tuesday night's latest loss to Serbia knocked them out of the top spot in their Nations League group and hurt their seeding chances for play in the European Championships.

Norway tightens Russian

border control Justice Minister Emilie Enger Mehl flew up to Northern Norway's border to Russia on Sunday to meet with local police and defense forces stationed in the area. The visit comes after the government announced stricter border control and that the border may be closed on short notice if deemed necessary. - The tighter border control also comes after a marked increase in the numbers of Russians, mostly young men, crossing the border to Norway using visas valid for most of the rest of Europe as well. Many of the new arrivals have told Norwegian media that they're leaving Russia to avoid being drafted into the army and sent to fight Russian President Vladimir Putin's highly contested war on Ukraine. "We're seeing the same situation as elsewhere along Schengen's outer border, with men subject to (Putin's) military mobilization traveling out of Russia," Sølve Solheim told newspaper *Klassekampen* last week. Solheim is leader of the local police's operative immigration control office for Finnmark, Norway's northernmost county that shares a 198-kilometer long border with Russia.

War overshadows upcoming

Peace Prize It's been a long time since the Norwegian Nobel Committee needed to choose a Peace Prize winner in the midst of war in Europe. Its members must announce a new Nobel Laureate on Friday however, and top candidates include leaders of the opposition to the regimes in both Russia and Belarus. - There's been some speculation over whether the Norwegian committee that awards the Nobel Peace Prize year after year might abstain this year, because of the war that's also [creeping closer to Norway](#) where [oil fields and pipelines are new targets](#). The thought was quickly rejected by a Peace Prize expert at a meeting with foreign correspondents in Oslo, where the prize is always awarded.

Young Ingebrigtsen is finally

satisfied Norway's newest World Champion athlete has been viewed as "cocky and arrogant" once again, but feels he's been misunderstood. Jakob Ingebrigtsen insists he simply wants to do his best, and was only happy after he won a gold medal at the World Athletic Championships in Eugene, Oregon on Sunday. - Ingebrigtsen, the youngest of [three Norwegian brothers](#) who've all been top runners, was finally satisfied after he'd dominated the men's 5,000-meter race and won it with a time of 13 minutes, 9.24 seconds. "This was fun, and it was fun to not only win it at the end of the race," the 21-year-old Ingebrigtsen told Norwegian Broadcasting (NRK) after it was all over. "I felt I won the whole race. It was incredibly great."

Alarms ring around offshore

security Norwegian oil authorities and several top politicians called for heightened security around Norway's offshore oil and gas platforms and gas pipelines, and the government responded. The calls followed suspected sabotage of the Nord Stream pipelines in the Baltic Sea, and recent reports of large unidentified drones flying around several Norwegian installations in the North Sea.



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Les Johannessen, Editor

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October the month of Fests and Sprit of which we hope to hold this meeting on Oct 23rd. There has to be music and food for us to enjoy along with the warm camaraderie. Don't forget to bring those items you set aside for the Literacy Suffolk Clothes Drive. I look forward to it all. Bring a friend !!



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