



* Supporting A Dementia Friendly Society *

NORDEN STAR

God Jul  Gott Nytt År
NORDEN LODGE #407 HUNTINGTON



Volume 55, Issue # 9

Celebrating Our 86th Year

December, 2023

Meeting normally each 4th Sunday of the month at Saint Peter's Lutheran Church, Huntington Station, NY
Phone (516) 791-3983 NordenLodge407@Gmail.com -Next Meeting **Sunday January 28, at 2 PM**
On [Facebook](#) at: **NordenLodge3-407 Sons of Norway** - On the [WEB](#) at **NordenLodge3-407.org**
Deadline for Items for the February, 2024 Newsletter PERIODICAL is January 24, 2024

MONTH'S MESSAGE

Hi Everyone,

We had a wonderful Christmas meeting. Ellen kept our feet tapping and almost everyone enjoyed the walking and singing around the Christmas Tree. Ellen shared our fun day on Facebook and you can see the pictures here in this shortened issue of the newsletter.

Next month we will be back to more of our informational news and the fun articles found and written by our newsletter devoted staff,

We are ready to start another year at Norden Lodge and if anyone has ideas of events to look into, or articles to research and write about please let me know and I will pass the message on to the correct member.

Most of all I want to wish everyone a happy, healthy, and safe Christmas and a Happy New Year.



Fraternally, Roy

If you hear of anyone who is not feeling well, or needs some cheering up, please contact our **SunShine Lady**, Kathy Johannessen (631) 421-9482, so we can respond & get the word out.

PLEASE WEAR YOUR NAME TAGS TO EVERY MEETING.

As voted, a \$1.00 reminder fee for a temporary name rental will be charged each time you forget. This could be fun! Only excellent above reproach excuses will be exempted by Vote on the floor. **See Les Johannessen for your Tag**

NORDEN ALWAYS WELCOMES NEW MEMBERS AND GUESTS

202 04 03 - 54 03 00

*** *NORDEN OFFICERS FOR 2023* ***

- President:** Roy Berntsen (516) 791-3983
10 Pershing St., Valley Stream, NY 11580
E-Mail: royb50@optonline.net
- Vice President** Kristin Gottilla (631) 412-3361
642 Grand Ave, Lindenhurst, NY 11757
E-Mail: kgottilla@hotmail.com
- Membership Chair:** Tim Baxley Assist Mary Booton **Call Editor**
- Secretary:** Barbara Berntsen (516) 791-3983
- Counselor:** Steve Helms (516) 935-0751
- Social Director:** Janet Hannigan (516) 849-9905
- Youth Dir:** Vacant
- Editor:** Les Johannessen (631)421-9482
E-Mail bigjobber@aol.com
- Alternate Editor:** Barbara Berntsen (516) 791-3983
- Financial Secretary:** Shirley Erland (516) 785-4424
- Treasurer** Shirley Erland (516) 785-4424
- Sunshine:** Kathy Johannessen (631) 421-9482
- Sports Dir.** Charles Gottilla (631) 412-3361
- Greeter:** Mary Booton **Call Editor**

Meeting Minutes Summary –

The December Meeting consisted of very very little business of any immediate consequence but more of Christmas sprit and jolly merriment. A review of the November Meeting Minutes will be presented in the January Newsletter along with a list of attendees. December attendees can be seen in the pictures from the fest.

Third District Charitable Trust Fundraiser

Help the SON Third District Charitable Trust by shopping online. A portion of all sales will go to the Charitable Trust. This is a great way to send Christmas gifts to those you may not see in person and at the same time help the Charitable Trust. Please share with your family and friends.



THE NORDIC GROUP
December 2nd –23rd, 2023

An art exhibit by three talented artists who reside in Bergen County, and Maryland. The exhibit includes Winter scenes, Landscape & Cityscape oils, watercolors & pastels, as well as Rosemaling, which is traditional Norwegian Folk Art primarily on wood

PARTICIPATING ARTISTS:
Odd Andersen, Lise Lorentzen and Emma Reichert-Pasterick

EXHIBIT OPENING: SATURDAY, DECEMBER 2nd, 1-4:00pm
MUSIC PROVIDED BY TORE HESKESTAD ON THE HARDANGER FIDDLE
REFRESHMENTS WILL BE SERVED

MUSEUM HOURS AFTER OPENING RECEPTION: Thursday, Friday & Saturdays 2-4pm
(Hours by appointment can be arranged)

FREE ADMISSION   

280 HIGH ST., CLOSTER, NJ • Tel: 201-768-0286 • WWW.BELSKIEMUSEUM.COM
(LOCATED ADJACENT TO THE CLOSTER PUBLIC LIBRARY)



Emma, Daughter of SON member Karen Reichert, is one of the artists. The birch trees and the NYC scene are hers. All the works are Beautiful. It's a wonderful exhibit! If you are in the area or it's worth the trip if you have the mind.



Charitable Trust 2023 Fall Fundraiser



The Charitable Trust is unique in Sons of Norway to our District 3. Responding to a fraternal and financial need in 1971 and for more than 50 years since, the Charitable Trust has provided support to District 3 members with assistance critical to their physical, social and psychological well being. Help us help others. We're all volunteers lending a helping hand to those in need. Tell your friends and family of how to make the holidays more cheerful with charity affiliated gifts of Flower Power, See's Candies, and Little Caesars.

3rd District Charitable Trust

Helping hands in the local village

[Charitable Trust Website](#)



[Flower Power](#)

Visit our Storefront for a selection of Amaryllis kits and Paperwhites.

[Enter SON's Flower Shop](#)



[See's Candies](#)

Visit our Storefront for a great selection of chocolate and candies.

[Enter SON's Candy Shop](#)



[Little Caesars Pizza](#)

Visit our online shopping page to order Pizza Kits and Dessert Kits.

[Enter SON's Pizza Shop](#)





****** UP COMING EVENTS ******



IT'S ALL SCANDINAVIAN

**Follow and see
Ellen Lindstrom's Band
perform at:**

<http://www.theswedishmeatballs.com/shows.html>

3D  SONS of NORWAY



SAVE THE DATE
Mark your calendars!
**3D SONS OF NORWAY
YOUTH CAMP 2024**



Ages 8-18
Camp Koinonia
July 21 - July 28, 2024
Highland Lake, NY
NEW THIS YEAR!



Cultural/Sports/Family Weekend
Fun for everyone old, young, and in between!
July 25 - July 28, 2024

****** More Details to follow soon. ******

The District has set a date and site for a family weekend for our Southern District members to take advantage of. More information will follow as plans firm up and all that are interested can make plans. (Emphasis on ALL)

**Norden Lodge's
Atlantic City Bus Trip**



June 1st, 2024



Cost: TBD per person

On the way down we will have breakfast and coffee, play a few games. On way back we will hand out some drinks/snacks and settle down for the movie chosen by all. The casino is providing something to get us started.

*Leaving LIE Exit 49 Park & Ride at 8AM,
Stopping at Christopher Morley Park at 8:30AM
(500 Seasingtown Rd N, Roslyn),
Stopping at Brooklyn PC Richards parking lot at 9:15AM
(576-80 86th St., Brooklyn),
And Lastly Arriving at the Tropicana, Atlantic City.
We will be departing Atlantic City around 6 PM for Home*

****Make sure to get to the bus pickup 15 minutes before the time stated for your stop. It is better for you to wait for the bus, because the bus will NOT wait for you!!!****

RSVP by: TBD Call or E-mail Today!!!
Contact: Chuck: 516-512-9427
Kris: 516-521-3190
CGottilla@hotmail.com

*Make check payable to Charles Gottilla
642 Grand Ave, Lindenhurst, New York 11757*

ANNIVERSARY



**Henrik Ibsen Lodge No. 393
Bayshore, New York
Established March 1934
Instituted March 11, 1934**

"Come Celebrate with us our 90th year"
Sunday April 14, 2024 12noon - 4 PM

Marconi Manor,

333 Moffitt Blvd. Islip, NY 11751

Buffet with open Bar

Raffles, 50/50, Music by Smörgåsbandet

Key note speaker Barbara Berntsen

\$75 per person, children under 12yrs. free

Payable to Henrik Ibsen Lodge, mail to Treasurer

Kris Holvik

49 Brook Street, Islip NY 11751

Please respond no later than

February 17, 2024

Swedish Vasa Lodge Lindbergh presents...
**LONG ISLAND SCANDINAVIAN
CHRISTMAS BALL**



Featuring Barnklubben Elsa Rix Lucia Pageant
SUNDAY, DECEMBER 17, 2023
12 NOON-4 PM THE MARCONI MANOR
333 MOFFITT BOULEVARD ISLIP, LONG ISLAND, NY

\$75/adults
KIDS 12 & UNDER FREE

**Glögg
Open Bar
Hot Buffet
Dessert
Prizes**



**BRING A
GIFT WITH
YOUR
CHILD'S NAME
ON IT FOR SANTA**

Music by Smörgåsbandet

Checks payable to Lindbergh Lodge, c/o June Irvine, 72 Vincent Rd, Hicksville, NY 11801
Include Email, Tel#, names, lodge, seating preferences.
MORE INFO: Monica 631-358-8994 swedesisu@gmail.com
Or Jeanne 718-415-0602 Can also pay with VENMO





FROM THE 3RD DISTRICT



Fra 3D President, Steve Helmold, December 2023 - I hope everyone had a very Happy Thanksgiving, it is always nice to get together with family and friends for the holiday.

I would like to start with an update from the fall Third District board meeting. We have started a fundraiser for the Charitable Trust. You can shop online to send gifts to friends and family and the trust will get a portion of every sale. The details were sent out in an eblast on November 27, 2023. Shop now, the sale only lasts until the middle of December. If you did not get the email about this fundraiser, it is because the district does not have your email address. Please send your email address to Third District Secretary Karen Olsen-Helmold so you can receive these important eblasts. The executive committee is working on a policy for future eblast so that you are not inundated with emails, yet we can get out important information in a timely manner. We only have email addresses for about half of our members, so please contact Karen.

As 2023 comes to an end and we look forward to 2024, there are a number of deadlines that you should be aware of: Most applications for grants from the Sons of Norway Foundation are due by 12/31/2023 and Foundation Scholarships deadlines are by January 15th and February 15th. So, if you are interested in a grant or scholarship, please check on the Sons of Norway website under Foundation for more information, exact deadlines, and applications. Next, secretaries must update their officer lists by December 31st. This can be done as soon as you have elected your new officers. If this is not an election year for your lodge, the officer list must still be updated by clicking on the box that says no changes. Karen, as district secretary can help with this if you are having problems completing the update. In January, lodge presidents and secretaries will receive the maximum number of delegates that your lodge can send to the 2024 District 3 Lodge meeting and Convention in June. Washington Lodge, the host lodge, is working closely with the board to plan a great time for all; delegates as well as nondelegates. I am hoping that every lodge is represented by the maximum number of delegates that they are permitted to send. I will be sending more information about the convention and deadlines soon.

In mid-February lodge secretaries will receive a link from the home office to report fraternal and community service hours. Reporting of these hours is important for Sons of Norway to keep its fraternal tax status. This same status covers each lodge. This is now being done using a program called survey monkey and must be completed by March 15th.

March 15 is also the deadline for filing the lodge financial statement, which is also know as the D-17 form. We are working with the home office to develop a way in which the district can help individual lodges submit this report. It must be done using the online program from the home office and must be electronically signed by the treasurer, president and an auditor. We have been told that while the home office was lenient in accepting forms this year, in 2024, they will be checking to see that all signatures are included.

Other committee reports were made. The rezoning committee reported that they had ideas for rezoning, but it all hinged off the international redistricting committee, which has not come up with anything yet and is hampering the efforts of the rezoning committee.

The Cultural Committee has been busy setting up 2 cultural weekends. There will be an eblast soon with the details about these 2 weekends. I hope that many members will join us for fun and fraternalism at its best at these events. Paul Kornbrekke, our District Sports Director is planning a district picnic in April to be held at Nansen Lodge on Staten Island. There will be more information sent to secretaries and editors in early 2024.

Our youth camp will be held again in 2024 at Camp Koinonia in Highland Lake, New York. The dates for this year's camp are Sunday July 21, 2024 to Sunday July 28, 2024. Please encourage your kids, grandkids, and other youngsters in your family to attend. The ages for campers are from 8 to 17.

This is only a part of the work that your district board is doing. As you can see, your board is working hard to make District 3 strong and to bring back the fraternalism that seems to be lost at the upper level of our organization.

Christmas and New Years will be here soon, and most lodges are having their holiday parties, so at this special time, Karen and I and the whole third district board would like to wish you all a very Merry Christmas and a very Happy New Year.

Fraternally,
Stephen Helmold



LODGE SAVE THE DATE 2024

Jan 28 – Lodge Meeting St Peters 2 PM

* Notes Change of planned meeting date.

Activities In Our Zone!!!

Dec 17 – Lodge Bklyn Yulefest at Sporting Club Gjøa 1-5 PM

Youth Camp is once again planned for 2024 and is once again dependent on numbers attending. DON'T MISS another OPPORTUNITY for this extremely successful event Your Kids/Grandkids will Thank YOU !!!! Check it out, can't beat the price or experience! And in addition this year the rest of your family will be able to join the campers for the last two days at Camp Koinonia at Highland Lake, NY not to mention the planned Family weekend in the Carolinas this summer for which more info will follow,

-- Still More coming !!!!

***** BIRTHDAY CELEBRATIONS *****

Month's Birthdays – Gratulerer Med Dagen!

Name	Day	Name	Day
Linda J Hoerberlein	12	Karen A Kvam	28
Larry Torguson	13	Else M Colasonno	29
H Norma Ohsberg	16	Barbara Berntsen	30
Astri Torkelsen	16	Gary Abrahamsen	31
Daniel Johannessen	18	Evelyn Arnum	31
jaxson sachs	20	Nina M Hotvedt	31
Heidi Christine Varady	23		

5 Yr+ Membership Milestones For October, Congratulations:

Norma Ohsberg– 48 Years, Gladys E Passaro – 36 Years
 Kristin Gottilla - 31 Years, Charles Gottilla – 29 Years
 Lauren A Ecock – 26 Years, Dara Eskenazi – 26 Years
 Roy Jr Berntsen – 16 Years, Frank A Odin - 11 Years
 Konrad Burgert – 8 Years, Lillian Padin – 7 Years,
 Fiona McCabe – 6 Years, Drew Arthur Solberg – 5 Years,
 James E Solberg Jr. – 5 Years, Craig Schofield – 5 Years,
 James Schofield – 5 Years, Karen Schofield – 5 Years,
 Kyle Schofield– 5 Years, Ryan Schofield – 5 Years,
 Thomas Schofield – 5 Years, Ima Burgert – 5 Years,

NOTE – A few members have brought some errors to our attention. Please let us know so we can inform the home office

MEMBERSHIP CORNER

We have just learned that Frank Odin a long time member as suddenly past. Little information is available at this time however, as more is known we will notify all members.

We had an excellent attendance at our Jule Fest during which a warm feeling of the season was evident by all. Our Pork and Fish Balls Dinner was all that one would expect. It was a great way to kick off Christmas. Hope that the rest of the Holiday is equally as joyous and we find ourselves enjoying the New Year!!!



Meeting Attendances - an attempt to enhance our members benefits by increasing subsidies for good participation. The more involved the more you benefit. If you don't see your name, & you attended, let us know.

11-19-2023 Meeting Attendance: MEMBERS – Will be provided in the January Newsletter Attendees for the December Meeting are noted in the pictures provided herein.

2023 Norden Star Boosters Updated 06/20/23

Berntsen, Barbara & Roy 5/24	Helmold, Steve & Karen 3/25
Berntsen, Margret 5/23	Meusel, Helen 6/27
Berntsen, Roy Jr 5/23	Rucci, Hector & Nancy 7/25
Brown, Greta & George 6/58	Sandberg, Mildred 4/24
Carlson, Craig & Christine 11/22	Seals, Nancy 5/23
Erland, Shirly 9/23	Sorg, Mabel 6/26
Hansen, Elsa 6/23	

IN MEMORY OF

COMMEMORATORS

<i>Erland, Endre & Sigrid 9/23</i>	<i>Daughter Shirley Erland</i>
<i>Frey, Judith 2/30</i>	<i>Daughter Norma Frey</i>
<i>Maies, Betsy Jane Sersted 3/24</i>	<i>Daughter Janet Maies Hsnnigan</i>
<i>Johansen, Lars, Sigrid & Art 10/30</i>	<i>Family</i>
<i>Jacobsen, Edward 4/24</i>	<i>Brother John & Wife Carol</i>
<i>Larssen, Tryggve & Signe 3/23</i>	<i>Daughter Greta & George Brown</i>
<i>Stuckman, Erik 12/23</i>	<i>Mother Barbara</i>
<i>Skauvold, Harry & Kate 12/23</i>	<i>Daughter Christine Carlson</i>

Room for more members that would like to join us. The \$5/Yr helps mailing costs. The dates following the names denote the end of the annual support Please make checks payable to Norden Lodge 407

WE THANK ALL OUR BOOSTERS HELPING TO GET THE NEWSLETTER OUT

SCHOLARSHIP APPLICATIONS

Applications for a scholarship for every student in Zone 1, are available upon request from your Editor Les as well as Barbara Berntsen & Karen Helmold.

The application is a newer version with some tweaks, so please use this new application.

They are Due by March 15th, 2024

Norwegian Embassy Newsletter

The Royal Norwegian Embassy in Washington, DC has begun publishing a biweekly newsletter, *Norge Nå*. Content includes security policy, the green transition, Norwegian trade and business, Arctic issues, and what's happen-ing at the Embassy. It will also publicize upcoming events with Norwegian artists around the US. To subscribe, email

elisabeth.addison@mfa.no

Vesterheim Norwegian American Museum Folk Art Classes

Registration is open for Vesterheim's winter 2024 online classes, which in-clude wood carving, fiber arts, rosemaling, cooking, book discussions, and much more.

Register here: <https://store.vesterheim.org/collections/online-folk-art-courses>

JULEFEST CELEBRATION 2023





Little Vikings Loyal Lodge St, James

Please join us on Friday, **December 15th** at 5:30pm at Norway Hall for a Frozen

activity & make your own holiday spice sachet gift. We look forward to seeing your children & grandchildren at our meeting. Bring along some friends!!! Appropriate for ages 3-11, but all are welcome!

An RSVP to Michelle Faulkner is required for this event by Wednesday, December 13th.

Any questions please contact our Lodge Youth Director, Michelle Faulkner at (347) 886-3679

SON INTERNATIONAL SCHOLARSHIPS

The Sons of Norway Foundation offers college, trade school, and high school scholarships starting at \$1,000 for current members and children or grandchildren of current members. For more information and complete eligibility requirements call (800) 945-8851, or visit https://www.sofn.com/foundation/grants_and_scholarships/

The grant and scholarship applications are now open on the website! They offer over a dozen scholarship opportunities for study in the US, Norway, and beyond. Each fund caters to different interests and comes with different requirements, so take some time to review. Please note application deadlines are changing this year, so check each early 2024 deadline carefully. Information on grants and scholarships is available on the website at [Foundation | Sons of Norway](#). Any questions can be directed to foundation@sofn.com.

Nordic Eggnog conjures up holiday cheer—skål!

By Lori Ann Reinhall, Editor-in-chief, The Norwegian American

Eggnog is a traditional holiday drink well-known to most Americans, but did you know that the Norwegians have their own norsk variant with a good splash of aquavit? While this drink is most popular in North America, the word “nog” is derived from Scottish and Irish Gaelic. A noggin is a cup, and with time it came to mean a small quantity of alcohol.

From the beginning, eggnog, made with rich cream, was considered to be something special. It was even believed that the drink would invite prosperity into the household for the coming year. These days, a glass or cup of eggnog is

simply a tasty way to conjure up some good holiday cheer.

Eggnog is believed to have originated in 14th-century medieval England with a monastic holiday beverage called

posset. It was made of milk and eggs, mixed with a good amount of ale, wine, or barley wine.

The word “eggnog” first appeared in Britain’s North American colonies in 1775, when George and Martha Washington served the drink during the Christmas holidays

at his home in Mount Vernon, Va. Washington’s recipe, which has been preserved, was lusciously rich and sweet: for each egg used, an entire tablespoon of sugar was added.

The rest is history, as Americans have never stopped drinking eggnog during the holiday season between Thanksgiving and Christmas. Bottoms up with a cup o’ holiday cheer.

NORDIC EGGNOG

Adapted from MATPRAT Serves 4

INGREDIENTS

- 4 large eggs, 1/3 cup granulated sugar
- 4 cups whole milk, . tsp. table salt
- . cup aquavit, 2 tsps. vanilla extract
- . cup heavy cream, Grated nutmeg for serving

INSTRUCTIONS

- Whisk the eggs and sugar together in a large bowl until smooth. Set aside. Bring the milk and salt to a simmer in a large saucepan over medium heat stirring constantly.
- Once the milk is simmering, slowly pour it into the egg and sugar mixture, whisking constantly as you do so. Return the mixture to the saucepan and reduce the heat to medium-low. Continue to cook until it reaches a temperature of 160° to 165°, about 2-3 minutes.

• Strain the mixture through a fine mesh strainer into a large bowl. Add aquavit and vanilla extract. Chill for at least 3 hours and up to 24 hours.

• When you are ready to serve, whip the cream to soft peaks and whisk the whipped cream into the chilled eggnog mixture. Top with grated nutmeg and enjoy!

Note: Traditionally, eggnog was often served warm, but these days most of us prefer a refreshing chilled version. This recipe was kitchen-tested by Taste of Norway Editor Kristi Bissell.





Place Stamp Here



Sons of Norway

NORDEN LODGE 407

Les Johannessen, Editor

7 Nichols Road

Huntington Station, NY 11746-3419

Glædelig Jul
og godt nytår

Join us at our **next meeting on January 28th at 2PM** – Take advantage of the lingering warm feeling of the season’s celebrations of joy and a fresh start. So come and find out what we got for Christmas! The camaraderie we so enjoy can be shared with a friend or neighbor So come on out and join us and oh yeah, be sure to bring them with you!!



Are your assets aligned with your financial goals? A Sons of Norway Financial Benefits Counselor will offer a **Free Financial Review.**



Robert McKeever, CLU - 21 Averly Place, Smithtown NY 11787

Phone: (800) 561-1492 - Email: bob@rmclu.com



Got Stamps? Tubfrim Is Still Accepting \$ Please leave a ¼ “ around cut stamps.

We are continuing to support **Tubfrim**, a Norwegian-owned charity that resells cancelled stamps to benefit Norwegian children with health and other physical disabilities. **Every little bit helps.** The effort has continued since 1928 and will hopefully continue with our help as long as there is need. Bring them to the next meeting & any of our officers will take it from there.

VELKOMMEN TO NORDIC GIFT HOUSE



Your premier source for Scandinavian themed gift items featuring Jewelry, Runic/Viking, Knitwear, Ozone Socks, Home Decor, Kitchen items, Swedish dishcloths, and Heritage items. We invite you to visit our website, subscribe to our newsletter and enjoy this special offer.

SONS OF NORWAY SPECIAL OFFER

Take 10% off your first order

Discount Code: SON10



Nordic Gift House
Goods and Goodness from Norway
and beyond



Phone: 715-386-0939
E-mail: hello@nordicgifthouse.com
Website: www.nordicgifthouse.com

The Nordic Gift House is Owned & Operated by, SON Members: Liv and Bruce Benschine. Past members of Norden who moved to Wisconsin to be closer to the Scandinavian Import Businesses they have dealt with for the past 44 years. Hope you got my present from them!