



* Supporting A Dementia Friendly Society *

NORDEN STAR



NORDEN LODGE #407 HUNTINGTON

Volume 57, Issue # 1

Celebrating Our 86th Year

Dec,2024 to Jan,2025

Meeting normally each 4th Sunday of the month at Saint Peter's Lutheran Church, Huntington Station, NY
 Phone (516) 791-3983 NordenLodge407@Gmail.com -Next Meeting **Sunday January 26, at 2 PM**
 On [Facebook](#) at: [NordenLodge3-407 Sons of Norway](#) - On the [WEB](#) at NordenLodge3-407.org
 Deadline for Items for the January, 2025 Newsletter PERIODICAL is February 8, 2025

WINTER HOLIDAY EDITION

Les (Your Editor) here speaking on behalf of Roy and his family, who have been experiencing a long bout of back and forth illness in his immediate family. Seems the bug has reached out to affect them to the point of not functioning in their normal routines. I'm sure you have noticed by now that the Monthly Newsletter is late, partly as a result. Many of you received the Christmas Wish sent out via email in December, which I have included in this edition's mailed copies. I hope all is well with all of you following these Holidays, given that the same bugs that affected Roy and Barbara has been going around at almost an epidemic pace.



There are many events and happenings covered in this edition and will be further discussed during our meeting this month. Many of the events will take some planning, so be sure to add them to your calendar. Along with these events we have Scholarship Applications (Pick up Application at meetings or ask Barbara or Les and will mail/email you one) they require attention before March to ensure participation for those planning or attending school this year. Then as planning events are concerned we have Youth Camp (The best gift you can give your grandchildren and other kids both in your family as well as friends of your family) Honestly, the kids really love being there and getting to make new friends (perhaps for life). In addition there are two other Third District happenings one in the South Carolina Coastal Retreat (which looks like it will be a lot of fun) and the Annual 3D Picnic, which was a total success last year, proving to be a really good deal and fun time as reported by all that attended, and to top it off there is a bus to the picnic! Next there is a special Vesterheim Museum presentation being shown by Zone 7 via Zoom on January 20. This also requires some planning as the Zoom ID and Password requires an RSVP to have them sent to you. Here again this promises to be a popcorn and warm couch event, worth consideration. And then Loyal Lodge is having a Scholarship fund raising Pancake Breakfast on Feb 1, which should be fun. Speaking of fun, Ibsen Lodge is once again having their Bowling for Fun event on February 16th. Then there are the two Tours, One in NYC Oct 5-10 & the Tour of Norway June 24 to July 5, which have been included in our past months Newsletters. Hope I haven't missed anything here, you never know more could show up to really keep us busy. Oh Yeah! Remember all event applications, Youth Camp, Retreat SC. Scholarship can be picked up at meetings or by request via email to the Editor or Lodge Secretary.

All in all we have a lot to look forward to. And we hope you take advantage of as many of these happenings as possible. After all, this year may bring many new surprises both within and outside our Lodge.

Fraternally, Les (That's not less fraternal !)

If you hear of anyone who is not feeling well, or needs some cheering up, please contact our **SunShine Lady**, Kathy Johannessen (631) 421-9482, so we can respond & get the word out.

PLEASE WEAR YOUR NAME TAGS TO EVERY MEETING.

As voted, a \$1.00 reminder fee for a temporary name rental will be charged each time you forget. This could be fun! Only excellent above reproach excuses will be exempted by Vote on the floor. **See Les Johannessen for your Tag**

NORDEN ALWAYS WELCOMES NEW MEMBERS AND GUESTS

*** *NORDEN OFFICERS FOR 2024* ***

- President:** Roy Berntsen (516) 791-3983
10 Pershing St., Valley Stream, NY 11580
E-Mail: royb50@optonline.net
- Vice President** Kristin Gottilla (631) 412-3361
642 Grand Ave, Lindenhurst, NY 11757
E-Mail: kgottilla@hotmail.com
- Membership Chair:** Tim Baxley Assist Mary Booton **Call Editor**
- Secretary:** Barbara Berntsen (516) 791-3983
- Counselor:** Steve Helms (516) 935-0751
- Social Director:** Janet Hannigan (516) 849-9905
- Youth Dir:** Vacant
- Editor:** Les Johannessen (631)421-9482
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- Financial Secretary:** Shirley Erland (516) 785-4424
- Treasurer** Shirley Erland (516) 785-4424
- Sunshine:** Kathy Johannessen (631) 421-9482
- Sports Dir.** Charles Gottilla (631) 412-3361
- Greeter:** Mary Booton **Call Editor**

Both Nov & Dec Meeting Minutes Summaries-

Will be presented in future Newsletters

More Info To Follow

To be Respectfully Submitted by

Barabara Berntsen

Til Mine



Seems we lost members over these Holidays As noted in our earlier email to Lodge Members we stated: We had learned of the passing of our beloved sister Ellen Sangesland in November. Ellen a longtime member of Norden including having served as President of our Lodge, which many of us remember. Once again I have included her Obituary as Presented at the Planenf Funeral Home in New Hampshire. Some of us were able to attend the lovely (although Cold!) Service and Burial at Pinelawn Cemetery The family had asked inlieu of flower that a donation be made to helping Hands Mission In Huntington Station in her name, which the Lodge has done.
* **Our Lodge was blessed to have known her, Rest in Peace !!**

Our second member is sister Barbara Lynn Forberg. A member we have not seen as of late however, attended for years with us. We found about her passing on a returned Birthday Card marked deceased. It is always hurtful to find about these events this way. We wish that she Rests in Peace she was missed at our meetings and will be missed in our Lodge.

Ellen M. Sangesland May 2, 1930 — November 29, 2024
Manchester, NH - Ellen M. (Piene) Sangesland, 94, formerly a longtime resident of Plainview, NY passed away on November 29, 2024, in Manchester, NH.
Ellen was born and raised in Bay Ridge, Brooklyn, NY and later attended Wagner College, where she pursued her passion for teaching. Her friend, Odd Sangesland, was also from Bay Ridge. They were engaged before, and later married after he returned from the Korean War. Together they shared 63 wonderful years of marriage, until his passing in 2016, raising their family in Plainview.
Ellen was a dedicated educator at Central Boulevard Elementary School in Bethpage, NY and a deeply involved member of the Good Shepherd Lutheran Church in Plainview. She gave

generously of her time as a troop leader and volunteer for both the Girl Scouts and Boy Scouts. A gifted craftswoman, Ellen taught ceramics and excelled in needlework. She always had a project in hand - whether knitting a sweater, quilting, crocheting, or embroidering - with most creations lovingly made as gifts for others.

Ellen and her husband Odd were active members of the Sons of Norway Norden Lodge in Huntington, where Ellen delighted in preserving Norwegian traditions. She was known for her festive waffles, Christmas cookies, and other cherished family recipes; traditions that continue to bring joy to her loved ones. In her later years, she found fulfillment volunteering at Helping Hands Rescue Mission in Huntington. An adventurous spirit, Ellen traveled the world, shared captivating stories, and lived with an open and generous heart. She touched many lives with her kindness, creativity, and love of family and community. She is survived by her children Marianne, Steven, and Laura, as well as her beloved grandchildren: Andrew, Jamie, Elizabeth, Natalie, and Alexandra, and her great-grandson Harry. She was preceded in death by her husband, Odd, and her son, David. Visitation will take place at Phaneuf Funeral Homes and Crematorium, 243 Hanover St., Manchester, NH on Saturday, November 30th from 5 to 7 PM. **There will be a graveside service in Pinelawn Memorial Park, Farmingdale, NY, on Friday, December 6th at noon where she will be laid to rest next to her husband.** To view an online tribute, send condolences to the family, or for more information, visit www.phaneuf.net <https://obits.phaneuf.net/ellen-sangesland> The site has many memorial pictures.

SON 3D, ZONE 7 PRESENTATION
Voyage of the Restauration
Monday, Jan 20, 2025 8:00 PM EST

Vesterheim Museum Presentation
By Dale Goodman

Dale is a former trustee of
**Vesterheim: The National
Norwegian-American Museum
& Folk School**



Synopsis: In the period beginning in 1825 and for about 100 years following, nearly 40% of the population of Norway – more than 800,000 Norwegians - immigrated to the United States. Most of those immigrants came for “economic opportunity,” but the first immigrants – known as the Sloopers of 1825 – came for religious freedom. The voyage was three years in the planning by an alliance of Quakers and Haugean Lutherans. Beginning on July 4th, 1825, a 54-foot sloop named Restorasjonen (The Restauration) took 52 passengers on a 98-day journey from Stavanger, Norway to New York City. This presentation follows the story from its roots (in the Napoleonic Wars), through the voyage itself, the reception in New York City, and finally to the first Norwegian settlement in the United States in Kendall, New York.

Join Zoom Meeting
<https://us06web.zoom.us/j/87465788171?pwd=fa94taZcCcB4UNTGWXIYHwaz2cxe8i.1>

Meeting ID: 874 6578 8171
Passcode: 953775

Please RSVP Bill Browning
at rwilliambrowningnorway@gmail.com

***** UP COMING EVENTS *****



IT'S ALL SCANDINAVIAN
Follow and see
Ellen Lindstrom's Band
perform at:

<http://www.theswedishmeatballs.com/shows.html>

Norwegian Pancake Fundraiser
Hosted by Loyal Lodge #252

In Support of the Zone One Scholarship Fund

Saturday, February 1st, 2025 9AM – 12PM

Join us for delicious pancakes, sausage, fruit, muffins, juice and coffee!

RAFFLE BASKETS!

\$15 – Adults ***** \$12 – Kids 10 & Under

NORWAY HALL

201 7th Street, St. James, NY 11780

For more information, contact
Meredith – (631) 766 -3142 or
Stacey – (631) 626-0142

Henrik Ibsen Lodge Bowling
For Fun!



Sunday February 16th, 2025

1:00 PM – 4:00 PM

East Islip Lanes



117 E Main Street, East Islip

\$27.50/Adult - \$25.50/Child under 12
(includes Shoes)

4 – 6 Piers per Team/3 Games
Cake 7 Coffee

Please submit names by 2/1/25 to
Crystal Nifong – cnifong11@live.com
(631) 260-8011

1498 Brightshore Blvd., Bayshore, NY 11706



Emigration Anniversary Tour to Norway
Tour Leader: Rolf Svanoe

June 24 – July 5, 2025

Published in 2024 Newsletters
Will appear again in March Issue

A copy before then available upon request

norwaytours@vesterheim.org



”Coastal Retreat”

3rd District Norwegian Cultural Camp

June 26-29, 2025

Isle of Palms, SC (Near Charleston, SC)

For Families and Adults

CLASSES IN: SCANDINAVIAN DANCING * HARDANGER FIDDLER * ROSEMALING * NORWEGIAN LANGUAGE BUNADS * LIEF ERIKSSON * SAMI PEOPLE OF THE NORTHERN CAP

Cost: 1 person Room \$700

2 people per room \$900 (\$450/person)

3 People Per Room \$1,150 (\$383.34/ea)

4 People Per Room \$1,350 (\$337.50/ea)

A more detailed flyer is available upon request either at our Meetings or via email. Gives one a beeter idea of the beauty of the site

SONS OF NORWAY YOUTH CAMP

**S
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KOINONIA
Highland Lake,



Back!

July 20 – 26, 2025 Ages 8 to 17

The completed application form, along with a \$100 registration fee (deposit), must be sent to Katie Brink before March 15. The check should be made payable to **District Lodge #3 Sons of Norway**. You will receive camp materials including a health form when your application is received. \$550 Sons of Norway members, \$600 Non-members – Send to:Katie Brink

Sons of Norway Youth Camp Coordinator

7107 Fernwood St #2421, Henrico, VA 23228

More Info: uyakkm27@outlook.com Phone: (614) 202-5964

Activities Include: Canoeing, Language Class, Games, Bonfires, Rosemaling, Hardanger, Archery & More

Immigration Tour
to New York City

October 5 – 10, 2025

Published In 2024 Newsletters

Will appear again in September Issue

A copy before then available upon request



FROM THE 3RD DISTRICT



Fra 3D President, Steve Helmold, Winter 2024 -2025 – As I write this message, it is Thanksgiving time and Christmas is around the corner with lodges having holiday bazaars and Christmas parties. Where has this year gone? The Third District Board and its committees have planned several exciting events for next year.

A cultural camp extended weekend (Thursday to Sunday) June 26 to 29, 2025 will be held at Isle of the Palms, South Carolina, one block from the beach. It is the Third District Board's hope that it will go over well and become a yearly event. If you are interested in going, contact Cultural Director Cheri Johnson for more information. Also, the district is having its second district picnic on August 23, 2025, at Nansen Lodge on Staten Island N.Y., so if you are interested, please contact Zone 3 Director Paul Kornbrekke for more information.

Youth Camp will be held again at Camp Koinonia in Highland Lake N.Y. from Sunday July 20 to Saturday July 26, 2025, so if you have children or grandchildren, I strongly encourage you to have them attend youth camp next year. For more information on youth camp 2025, please contact Assistant Secretary Katie Brink.

You can also check out the Third District Website for more information and applications for all three of these events. By now all lodges should have paid their lodge liability insurance premium as it was due November 15th. There is a \$25.00 penalty if not paid by the 15th and this penalty in my opinion is unfair. While Sons of Norway is correct in charging the penalty to those lodges that haven't paid for a long time. (some are over 2 years late and are still covered by the insurance policy), it is unfair to charge it at this time as the process for sending the insurance invoices has drastically changed. Instead of receiving an invoice by either email or snail mail, lodge officers must now log onto the Sons of Norway website, click on profile, and find the category that has the invoices, go to that category and find the invoice download it and pay it. Furthermore, the invoices were not available until Oct 19th, less than one month before when the late fee would be attached. I am happy to say that District 3 did fine for 2023 with no lodges owing money for their insurance premiums, I hope the trend will continue this year as well.

On another note, I saw on Facebook that International Board Chairman Ron Stubbings was awarded a Life Member Pin for his service as he is stepping down from the board, and as much as I would like to congratulate him on it, from what I remember when all members could be awarded Life Membership, they did not have to pay dues for the rest of their life, and with that said, how is that fair when the rest of the Sons of Norway membership had a 40 to 50 percent increase in their dues? Where is the fairness and fraternalism in that? Also, will all out going international chairmen be awarded the same for their years of service? It should be asked, what about the rest of the Sons of Norway members from all the districts who have been members for 30 or more years and are 65 plus and worked hard in many offices of the lodge, zone, and district and on many committees over the years without the stipends that is given to the International Board members. Should not they be given the same courtesies? I know this is an award that ended many years ago, but why bring it back now just for the out going International Board Chairman and chairman in the future? In my opinion this is a slap in the face for all Sons of Norway members and is very much wrong and unfair. Hopefully, this life membership award does not include having his dues paid for life, but that is what life membership has always meant. This is only my opinion, but I thought this was something that had to be said.

With that said Karen and I and the whole Third District Board would like to wish you all a very Merry Christmas and a very Happy New Year.

Until Spring, Fraternally, *Stephen Helmold*



SONS OF NORWAY 3RD DISTRICT PICNIC



Aug 23rd 2025 10:00 AM to 4:00 PM

Place: NANSEN LODGE PICNIC GROUNDS - 3465 Victory Blvd, Staten Island. NY 10314

The usual BBQ fair includes Bagels, Danish, Muffins, Coffee & Tea, Hot Dogs, Hamburgers, French Fries & Fresh Salad, Roast Beef Sandwiches & Sausage and Peppers, BBQ Chicken w/Corn on the Cob, Watermelon & Ice Cream – This includes an available Cash Bar (No LIQUOR to be brought into the Park) There is Music, Games for both the Adults and Children – Corn Hole, Kubb, Hammer Throw Tournament RAFFLES and 50/50

RESERVATIONS Are a Must by 8/1/25 (How Else will we ensure enough food for everyone)

Cost: Only \$40/Adult - \$15/Child 4-12 yrs old – Children under 4 yrs old are free.

Check Payable To: Paul Kornbrekke Mail to Paul 256 Barnard Ave, Staten Island, NY 10307

Info: 718-356-8395 (See Page 7 for Bus to this event)

LODGE SAVE THE DATE 2025

- Jan 26 - Lodge Meeting St Peters 2 PM
- Feb 23 - Lodge Meeting St Peters 2 PM
- Mar 23 - Lodge Meeting St Peters 2 PM
- Apr 27 - Lodge Meeting St Peters 2 PM
- May 16 - Lodge Meeting St Peters 6 PM (Change Due to Parade)
- Jun 22 - Lodge Meeting St Peters 2 PM
- Sept 28 - Lodge Meeting St Peters 2 PM
- Oct 26 - Lodge Meeting St Peters 2 PM
- Nov 23 - Lodge Meeting St Peters 2 PM
- Dec 7 - Christmas Fest St Peters 2 PM Music by Ellen?

Activities In and Out of Our Zone!!!

- Feb 1 - Pancake Scholarship Fund Raiser Loyal St James
- Feb 16 - Bowling for Fun Ibsen Lodge in E Islip
- May 4 - Zone 1 Memorial Service, St Marks Church Islip 1PM
- Jun (2025) - 3D Cultral Weekend
- Jun 24 to Jul 5 - Emigration Tour of Norway (See Pg 3)
- Jul 20 - 26 - 3D Youth Camp Upstate
- Aug 23 - 3D Picnic Nansen Park Staten Island (Bus Available)
- Oct 5 to 10 - Immigration Tour of NYC (See Pg 3)

*** BIRTHDAY CELEBRATIONS ***

Month's Birthdays - Gratulerer Med Dagen!

Name	Day	Name	Day
December			
Robin Abrahamsen	3	Dan Johannessen	18
Brian S Cooper	10	Heidi C Varady	23
Janice L Kennedy	10	Karen A Kvam	28
Elizabeth Olsen	10	Else M Colasonno	29
Elsa M Hansen	12	Barbara Berntsen	30
Linda J Hoerberlein	12	Gary Abrahamsen	31
Larry Torguson	13	Evelyn Arnum	31
H Norma Ohsberg	16	Nina M Hotvedt	31
Astri Torkelsen	16		
January			
Gladys A Sollitto	7	E Clifton Hotvedt	21
Jean A Tremel	7	Barbara L Johnsen	27
Joseph L Accordino	11	Thore Omholt	27
Kathy Johannessen	16		

5 Yr+ Membership Milestones For These Months, Congratulations:

- Norma Ohsberg - 49 Years, Gladys E Passaro - 37 Years
- Kristin Gottilla - 32 Years, Charles Gottilla - 30 Years
- Lauren A Ecock - 27 Years, Dara Eskenazi - 27 Years
- Roy Berntsen Jr - 17 Years, Frank E Odin - 12 Years
- Konrad Burgert - 9 Years, Lillian Padin - 8 Years
- Fiona McCabe - 7 Years, Drew Arthor Solberg - 6 Years
- Craig Schofield - 6 Years, James Schofield - 6 Years
- Karen Schofield - 6 Years, Kyle Schofield - 6 Years
- Ryan Schofield - 6 Years, Thomas Schofield - 6 Years
- Irma Burgert - 6 Years, (For January) Margret Berntsen - 57 Yr
- Kathleen Johannessen - 41 Years, Les Johannessen - 41 Yrs
- Eric Peter Oltedal - 9 Years, Jacqueline Lee Oltedal - 9 Yrs
- Rebecca Lynn Oltedal - 9 Years



OH WHAT A YEAR !!

Meeting Attendances - an attempt to enhance our members benefits by increasing subsidies for good participation. The more involved the more you benefit. **If you don't see your name, & you attended, let us know. The November and December Attendees list will appear in next month's newsletter**

2024 Norden Star Boosters Updated 05/09/24

Berntsen, Barbara & Roy 5/25	Helmold, Steve & Karen 3/25
Berntsen, Margret 5/25	Meusel, Helen 6/27
Berntsen, Roy Jr 5/25	Rucci, Nancy 7/25
Brown, Greta & George 6/28	Sandberg, Mildred 4/24
Carlson, Craig & Christine 11/24	Seals, Nancy 5/25
Erland, Shirley 9/25	Sorg, Mabel 6/26
Hansen, Elsa 6/25	Fred & Jean Tremel 9/25

IN MEMORY OF

COMMEMORATORS

Erland, Endre & Sigrid 9/25	Daughter Shirley Erland
Frey, Judith 2/30	Daughter Norma Frey
Maies, Betsy Jane Sersted 3/24	Daughter Janet Maies Hannigan
Johansen, Lars, Sigrid & Art 10/30	Family
Jacobsen, Edward 4/29	Brother John & Wife Carol
Larssen, Trygve & Signe 3/23	Daughter Greta & George Brown
Stuckman, Erik 12/23	Mother Barbara
Skauvold, Harry & Kate 12/24	Daughter Christine Carlson

Room for more members that would like to join us. The \$5/Yr helps mailing costs. The dates following the names denote the end of the annual support

Please make checks payable to Norden Lodge 407

WE THANK ALL OUR BOOSTERS HELPING TO GET THE NEWSLETTER OUT

"Attention"

Please review the above boosters list - I apologize if I did not update an entry. My bag got dropped leaving my records somewhat scattered. I think we are OK, just want to be sure!

What's Going on at Lodge Meetings

- We are still doing show & tell - So if you know or have an ethic item, theory, or custom to share, do it during our meetings. We have had a number of good and interesting presentations.
- The winner of the "Zone 1 Scholarship Raffle" was drawn during our last meeting and the name will appear in the minutes next newsletter - We are raising funds for the increased dues support fund.
- The above items, many of which, are the result of suggestions made during our meetings. Have something in mind? Bring it with you



MEMBERSHIP CORNER



You can see we are busy and hope to have Many more activities to present. But let's take care of all all of this stuff on our plate. Make sure you join in!

Some Cultural Items for the Month

Cultural Corner: *This Article was in the NY Times in January. I think interesting:*

The Secret Lives of Vikings



In “Embers of the Hands,” the historian Eleanor Barraclough looks beyond the soap-opera sagas to those lost in the cracks of history.

The lives of the average 6iking, writes Eleanor Barraclough, probably bore little resemblance to popular legends of Erik the Red. Credit...The Holbarn Archive, via Bridgeman Images

Published Jan. 1, 2025 Updated Jan. 2, 2025.

By **Timothy Farrington** Who is a former editor at Harper’s Magazine and The Wall Street Journal.

< **EMBERS OF THE HANDS: Hidden Histories of the Viking Age**, by Eleanor Barraclough

Vikings are one of history’s great cases of false advertising. The people we call Vikings mostly *weren’t* Vikings. The fierce mariners who swept out of Scandinavia in the late 700s and marauded for centuries through the North Atlantic and Baltic? They were only one part of

a civilization defined by a shared language, Old Norse, in which *vikingr* just meant “raider.” As the medievalist Tom Shippey once put it, the term “wasn’t an ethnic label, it was a job description.” Talking about the Viking Age is like saying we live in the Navy SEAL Era.

All that is true enough, writes Eleanor Barraclough in “Embers of the Hands,” her survey of Norse life outside the longboat. Even so, she continues, “The ‘Age Roughly From 750-1100 C.E. During Which Those Primarily of Scandinavian Origins and Heritage Took Part in Raiding, Trading and Settlement Both Within and Beyond Scandinavia’ doesn’t have quite the same ring to it.”

People love the blood-soaked sagas that chronicle the deeds of (actual) Vikings. They love what Barraclough calls the “soap opera lives” of Norse gods. And they love colorful characters such as Erik the Red (who named his settlement project Greenland to make it sound enticingly lush) and Harald Bluetooth (after whom the wireless technology is named).

Barraclough, a British historian and broadcaster, focuses on the people left out of these “official stories,” on the aspects of life lost “in the cracks of history.” That mission, despite a little hyping of “deeply subversive” “hidden” “secrets,” makes her book sound more revisionist than it is. In fact, it is complementary, not contradictory. Barraclough relishes the sagas and the Norse wordplay known as kenning (“embers of the hands” is a kenning for gold). And she writes things like, “what would have been called, once upon a time, *wenches*” — using the antiquated word for effect even while keeping it at arm’s length.

But by picking through the pocket change of the archaeological record — combs, game pieces, graffiti, literal coins and even a piece of fossilized feces known as the Lloyds Bank Coprolite (it was found on the site of a new branch) — she reconstructs less celebrated aspects of the Norse world.

Grouped into thematic chapters such as “Love,” “Travel,” “Belief” and “Unfreedom,” her exhibits reveal a “culturally fluid, interconnected world” that stretched from North America to Central Asia.

Barraclough’s expositions are dense with fact but animated by garrulous humor. A stick scratched with runes takes us to the waterfront in Bergen, Norway, circa A.D. 1200: “Herring gulls cackle and wail as they fight for rotting scraps of fish guts on the jetty,” Barraclough writes, painting the scene. “It’s probably raining. It usually is.” Inside a tavern, a patron is apparently lingering.

Runes, which seem at first to have carried a charge of magic or secrecy, were by this era used for everything. Sticks were Norse Post-its, Barraclough writes, and the message on this one reads, “Gyda says that you should go home.”

Other runic inscriptions record curses, jokes and salacious gossip. Meager as they are, these writings are precious because they are more or less the only written sources we have from the Viking Age. No other text gives us as direct a line to the Norse themselves. The sagas, for example, were composed much later, in Iceland, by Christians. Greenland’s landscape, icy and sparsely populated, preserves a uniquely rich trove of artifacts from the Norse who began arriving in the late 900s, their way eased by a temporary climate warming. Using the traces of their settlements, Barraclough explores their home life. Weights from a loom, for example, reflect the absolute importance of the textiles made by Norse women. They were woven at home but a product of communal effort. By one calculation, it would have taken a single person nine years to make the sail for one Viking warship. “Take away the textiles and the women, and you have some naked men in a rowing boat,” she quips.

Barraclough does a nice job of imagining what went on inside these homes and their residents without pressing too hard, mindful that “looking at the past is like looking through a glass darkly: We can see shadowy images on the other side, but also our own reflections staring back at us.”

She is also skillful at connecting evidence of different kinds, as when documenting her claim that the Norse were known for their “excellent tresses.” From the sagas, she invokes the half-mythical King Harald Fairhair — who was formerly known as Tanglehair, having sworn not to use a comb until he unified his kingdom. From archaeology, she cites “often delicately crafted and intricately decorated” combs — the earliest runes we have are on a comb, as it happens — and an intriguing figurine of a longhaired woman. And from the historical record she quotes two different Anglo-Saxon clergymen grouching, in the wake of Viking incursions into Britain, about their countrymen aping the hairstyle of the foreigners. What the later complainant called the “bared neck and blinded eyes” haircut can even be spotted, Barraclough notes, on the Bayeux Tapestry, which depicts the Norman Conquest of England in 1066. It is a testament to the breadth of Norse influence, for the French-speaking Normans were in fact the assimilated descendants of Vikings who had invaded northwestern France. “Norman” is a version of “Northmen.”

Their victory in 1066 is often taken as the close of the Viking Age. But to round off her fascinating tour, Barraclough offers three alternative conclusions, the latest stretching into the 15th century. History isn’t a canal flowing neatly through locks, she stresses, but a “great untamed river.” It seems that “Age” — as if there were a single clearly defined era — is as much a misnomer as “Viking.”

Most common Norwegian term of “Endearment”

« Vennen » is the most common term of endearment in Norwegian. - It translates to “friend” or “the friend”, but the meaning is closer to the English words “love”, “darling”, or “sweetheart”

This was found in the 3D Today online Publication – It is being updated and perhaps we should all be looking at it!

Zone One Bus to 3D Picnic

Aug 23TH 2025 10:00 – 4:00

NANSEN LODGE PICNIC GROUNDS

Seats are limited. First come first serve!

Pick-up stops

8:15 AM Loyal Lodge 201 7th Street St. James

9:00 AM LIE Park and Ride Exit 49 Melville

9:30 Roslyn Train Station Roslyn Heights

The bus will leave Nansen to return home at 4:00PM

Cost of Bus \$10 for members of Zone One. Make Check payable to Zone One Committee Sons of Norway and Mail to Karen Olsen-Helmold, 183 Evergreen Ave, Bethpage, NY 11714

Please include the names of all attending, the place where they will get the bus and a cell phone number.

Here is another item found on the 3D Web site. Which as I mentioned is updating with many of the latest happenings & other information

How to Express Hope & Optimism in Norwegian

Hope and optimism are important values in Norwegian culture. Norwegians believe in the power of positive thinking and the ability to overcome challenges. There are several phrases in Norwegian that can be used to express hope and optimism. One common phrase is “Jeg håper” which translates to “I hope.” This phrase is used to express a general sense of hope or optimism. Another phrase commonly used is “Jeg er optimistisk” which means “I am optimistic.” This phrase is used when someone wants to express a positive outlook or belief in a positive outcome. In addition to these phrases, Norwegians also have expressions that capture a deeper sense of hope and optimism. For example, “Alt vil ordne seg” translates to “Everything will work out.” This phrase is used when someone wants to express a strong belief in a positive outcome.

The cultural significance of hope and optimism in Norway lies in the belief that positive thinking can lead to positive outcomes. Norwegians value resilience and believe in the power of hope to overcome challenges and achieve success



Norwegian Seafood bolsters Vietnamese partnerships

The Norwegian Seafood Council (NSC) is enhancing Vietnam's imported seafood industry by developing new strategic collaborations with local partners and launching the Norwegian Salmon Academy in Ho Chi Minh City in November.- The NSC signed a strategic partnership with Golden Gate Group (GGG), one of Vietnam's top food and beverage chains, on November 27. The collaboration reflects NSC's commitment to building impactful partnerships beyond simple promotion. By joining forces with GGG, NSC aims to increase the presence of Norwegian seafood in Vietnam, providing high-quality options for consumers while sharing best practices in sustainability and seafood handling.

The deal underscores NSC's dedication to establishing trusted, long-lasting partnerships in the Vietnamese market, while supporting economic growth and sustainable practices. The hope is that this will increase market share around the world while sharing the positive aspects of the quality of the product. Vietnam's reputation in the industry needs to be boosted and it is hoped this will accomplish this end. (Hope they let us know when this is accomplished).

Norwegian wood conservation course in Georgia

- On November 6, Norwegian Ambassador to Georgia, Bergljot Hovland, and Deputy Head of Mission Rebecca Lie visited ICOMOS Georgia's workshop on wood conservation, supported by the Norwegian Embassy in Tbilisi. The course, collaboratively prepared with the Norwegian Directorate for Cultural Heritage (Riksantikvaren), merges theoretical lectures with practical activities and is led by Thor-Aage Heiberg from the Norwegian University of Science and Technology (NTNU), with the goal of preserving Georgia's wood heritage. - The project, supporting Georgia's sustainable economic growth and cultural heritage, offers vital skills in wood conservation to Georgian craftsmen, architects, engineers, and heritage managers. Besides its practical pros, the initiative strengthens relations between Georgia and Norway, particularly in heritage conservation. It's great to see that the square heads sharing there Woody knowledge here in the States.

Norway's government apologizes to Sami reindeer herders

- The Norwegian government apologized to reindeer herders after activists spent a week protesting a wind farm that they say hinders the rights of the Indigenous Sami people in central and Arctic Norway.- “I have apologized to the reindeer owners on behalf of the government,” Oil and Energy Minister Terje Aasland said after meeting with the speaker of the 39-seat Sami Parliament, Silje Karine Mutoka. - “They have been in a difficult and unclear situation for a long time. I'm sorry about that,” he said. - Mutoka said that receiving an apology had been “a wish from my side.” - “It is crucial for us to move forward. It is important that we now have a common perception that we are dealing with a human rights violation,” she said after the meeting, which was scheduled to last for an hour but took 90 minutes. Although the talks did not yield an agreement to resolve the wind farm dispute, Aasland said “that we are not ruling out any solutions at this time.” - After the Supreme Court ruling, the Norwegian Ministry of Petroleum and Energy asked the owners of the two wind farms to establish whether measures could be taken to ensure reindeer herding near the turbines. But the Sami have refused to take part in such a process. (I'm sure something will be worked out as in the past with the Sami. It is inspirational to see that Norway works with its native people to resolve issues. Unlike elsewhere in this world)

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