



* Supporting A Dementia Friendly Society *

NORDEN STAR



Volume 56, Issue # 8



Happy Lief Ericsson  Wednesday October 9th
NORDEN LODGE #407 HUNTINGTON

Celebrating Our 86th Year

October, 2024

Meeting normally each 4th Sunday of the month at Saint Peter's Lutheran Church, Huntington Station, NY
Phone (516) 791-3983 NordenLodge407@Gmail.com -Next Meeting **Sunday October 20, at 2 PM**
On [Facebook](#) at: **NordenLodge3-407 Sons of Norway** - On the [WEB](#) at **NordenLodge3-407.org**
Deadline for Items for the November, 2024 Newsletter PERIODICAL is September, 29, 2024

MONTH'S MESSAGE

Hi Everyone

OUR OCTOBER MEETING has been changed to **October 20th**. Barbara sent the dates we approved in September to Sandy (President of Church Consul) so we are set until December 2025. As always we will meet on the 4th Sunday of the month except for May when we meeting on Friday due to the parade. We will again have dinner at 2:00pm and then the zoom meeting at 2:30pm. That seems to be working out nicely for the membership.

Remember our October meeting will have a small auction for the "Dues Assistance Program", so come with additional funds to help Norden's program. We did vote to also add Norden's portion of the 50/50 raffle to that fund. I want to thank those who brought items for the auction so we can put more money in the "DAP" fund to help those in need since the increase by the Sons of Norway Board has begun already. For those in need of this, please contact Karen or Barbara when you get your new dues statement.

We received a note from the Third District Giving Committee and they wanted to remind us that October is "SofN Foundation Month" and our Karen is the Third District Foundation Director/Liaison to the International Board. She will tell us more about that at the meeting.

The parade committee had voted on their new theme for the 2025 parade. It is "Celebrating Norwegian Immigration 1825-2025", and the pin is oval with the writing in a red banner and the picture of the Restauration Ship. They hope it will be a good seller. Barbara should have the pins in early 2025. There is also a concern about changing the marching route as it seems there is a protest the Saturday before the parade for the past five years and has grown, from meeting only on 5th Avenue and now it spread into Leif Erikson Park, where our parade ends. More will be discussed on that fact, and the committee is working diligently to make sure it does not interfere with our parade on that Sunday. It is our 71st year marching and it would be a shame that a protest should interrupt our years of a peaceful parade afternoon.

I hope to see many of you at the meeting. Barbara is working on a special dinner.

As always the minutes in the Norden Star are a summary of what happened at the meeting. Barbara has the complete minutes and Les summarizes them. Contact: barbarajb1230@optonline.net. She will be happy to send them to any member.



Fraternally, Roy

HAPPY LEIF ERIKSON DAY



If you hear of anyone who is not feeling well, or needs some cheering up, please contact our **SunShine Lady, Kathy Johannessen (631) 421-9482**, so we can respond & get the word out.

PLEASE WEAR YOUR NAME TAGS TO EVERY MEETING.

As voted, a \$1.00 reminder fee for a temporary name rental will be charged each time you forget. This could be fun! Only excellent above reproach excuses will be exempted by Vote on the floor. **See Les Johannessen for your Tag**

NORDEN ALWAYS WELCOMES NEW MEMBERS AND GUESTS

*** ***NORDEN OFFICERS FOR 2024*** ***

President: Roy Berntsen (516) 791-3983
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Sunshine: Kathy Johannessen (631) 421-9482
Sports Dir. Charles Gottilla (631) 412-3361
Greeter: Mary Booton **Call Editor**

September 22nd Meeting Minutes Summary –

Opened our meeting at 2:30pm, following a hearty hot meal. President Roy said that good friends of Garborg and Norden had passed to Lodge Eternal. They were members of Henrik Ibsen Lodge: Grace Shumaker, Rusty Andersen (who was 100 years old), Margaret Lageraen, and Kris Holvik. He asked for a moment of silence for remembrance.

Secretary Barbara – silent attendance taken (Results on Pg 5)

Secretary – the minutes were approval by members as distributed.

Barbara - there are no new applications for membership.

Financial reports – Shirley was not in attendance, bills accepted by our secretary. Secretary read the report verbally (a copy of which is available to members upon request)

Correspondence Barbara wrote: 1- Remember to sign in the attendance book. with Mary. 2- We voted to have a sort of a show in tell – does anyone have anything to share. We will have the show in tell during the good of the order. 3- October date is change to Oct 20, 2024. The church needed our room for a special meeting. 4- Karen gave me her newsletter from helping hands. It is up her if you would like to see it.

Committee reports

Social director: Barbara/Kathy -- Dinner for this afternoon is meatloaf. I ordered dinner for November and December. If anyone has any ideas for dinner let her know. Inger suggested since it is usual Octoberfest, why don't we have knockwurst and bratwurst. Barbara will check into that.

Newsletter: Les – has extra copies with him. Don't forget to sign up for a booster for the newsletter.

Corporation: Steve said they are monitoring the treasury and will have a meeting soon. They have completed all the subsidies for the campers, the fishing tournament, and Henrik Ibsen Anniversary.

Sports director: Chuck / Kristin

Atlantic City will not happen until the spring. We are not getting the attendance as in the past. We will try for the last time. Other lodges are invited. It was stated with gambling on the island, many do not want to travel.

Picnic: follow-up: we had a beautiful day at Centerport Beach and had about 32 people attend. It was a great time.

Ducks game – canceled due to lack of participation.

Henrik Ibsen fishing - follow-up: Norden had 20 people (including many in my family who are not members). Roy was really shocked & won the pool for the largest fluke. +, he won the pool among our family. It was a great fishing day for him..

Zone: Barbara, Karen, Les – There was a meeting 9/18/24

1- Remember Karen made the raffle tickets again this year and both Barbara and Karen have them here for the zone 1 scholarship committee. Last year we raised \$600 --- and 1 scholarship was \$750, so we almost made enough to cover that 1 scholarship. It is a challenge for the zone to keep this going. If you would like a book or ticket Barbara will send some out to our members who asked.

2- Karen and Barbara met with Pete Johansen to transfer the bank account into the new officers. It was a nice afternoon and the bank staff were very helpful. So now the scholarship committee is up to date again.

3- Elaine Breiland is the new zone 1 director and our Susan Olson is the assistant. Karen will be the treasurer and Shelly Albrechtsen from Loyal will be the secretary.

4- Loyal is the host for the Memorial Service in May 2025. Les said the "Memorial Honoree's mention will be slightly revamped to make it flow better. He thought everyone liked the idea so we will keep that going for now.

Sunshine: Kathy said Gladys and Margaret are in the Meadowbrook care center. She just found out today that Linda P had knee surgery but she made it to the meeting.

Parade: Barbara – no meeting until October but the theme will be related to the restoration arrival. Not sure of the exact name yet.

More to hear next month.

3rd district: Steve – Karen

1- Camp – went well for the amount of children there. They need more campers sand please spread the word. It is the best gift ever to give your grandchildren.

2- October is foundation month – so if you are planning on donating, thank you for doing so.

3- The board meeting will be October 19, 2024.

4- The Culture Weekend will be June 26-29, 2025 at Island Ponds, North Carolina. There will be different presentations and events with rose maling, bunad show woodworking and more. The new Culture Director Sherry will do a presentation on the Sami.

5- The Third District and Hampton Roads Lodge are going to co-host the 2026 Convention.

6- The #D Picnic will be held at Nansen on August 23, 2025.

Old business - Dues assistance program – for Norden. I will turn this over to Karen to speak about our fundraiser to put money in that special account. Also our 50/50 raffle money will be added to that account

New business 1- We are planning for our dates 2025 year. So if anyone has any thoughts to change a date – please let Barbara know as she will need to check with Gerry at the church for the different dates. 2- Dates for 2025 – to be approved 2024-2025 year meetings begin at 2pm – we arrive at 1 pm to set up. Zoom will begin about 2:30pm

The 2024 Dates to Remember are on Page 5 in this NL

Good of the order 1. Bob McKeever said the best way to save money with the volatile stock market is the Sons of Norway Annuity. 2. Kristin made a motion to purchase 4 scholarship books for Norden and after an amendment she also added we will make a donation of \$50. Karen 2nd and no further discussion. It was approved, 3. the 50/50 was won by Ethel M. \$54 was collected, the Dues assistance program will get 27. 4. Les also said to remember camp is open to friends also.

Counselor Steve: may peace and harmony prevail within our lodge.

Our next meeting, will be on Sunday October 20 at 2 pm– we will again have a zoom meeting starting at 2:30 pm.

Roy thanked everyone for coming today, declared this business meeting adjourned at 3:35pm.

Respectfully Submitted by Barabara Berntsen

*** UP COMING EVENTS **** *



IT'S ALL SCANDINAVIAN

**Follow and see
Ellen Lindstrom's Band
perform at:**

<http://www.theswedishmeatballs.com/shows.html>

**Immigration Tour to New
York City**

October 5 – 10, 2025

Tour Guides: Anna Petersen and Victoria Hofmo

Tour Leaders: Rolf Svanoë and Amy Boxrud

Known as the city of immigrants

NY welcomed people seeking economic prosperity & cultural



freedoms. Norwegian sailors had a presence in NY since the 1600's organized a group to help Norway's immigrants enter the US aboard the Sloop Restauration on October 9, 1825. – Join us as we retrace the

steps of these immigrants while touring important sites.

Highlights include the Statue of Liberty, Ellis Island National Museum, and the Tenement Museum, Scandinavia House & Norwegian-American sites & people in Brooklyn. On October 9 will welcome the replica of the Sloop Restauration to NY with events & exhibits in conjunction with this commemoration of Restauration's arrival exactly 200 years prior.

This tour is collaboration the Norwegian-American Historical Ass. Based in Northfield Minnesota, Vesterheim, National Norwegian-American Museum and Folk Art School, located in Decorah, Iowa. The guides will be Anna Petersen associated professor of history at Luther College & Editor of NAHA. Local expert Victoria Hofmo, president of the Scandinavian East Coast Museum in Brooklyn. The tour can easily be expanded to include your own interests in NY.

For more information check Vesterheim.org
Or contact Rolf Svanoë, 563-382-9681 ext. 240,
norwaytours@vesterheim.org



LYNX:LYNX

Oct 9 6:30 PM

Vidar Skrede and Patrik Ahlberg will join their Scandinavian fiddle forces together for an evening of Norwegian-Swedish folk music at

Norway Hall on October 9th, 2024 at 630 pm. The variety of strings includes fiddles, Hardan-ger fiddles, guitars, and even a mandolin. The mix of tunes is put together by both their original and traditional Nordic fiddle tunes.

Loyal Lodge enjoyed a terrific performance of Nordic folk music and his homespun tales of each song's history and meaning in English and Norwegian to the delight of the members in 2023. Please join us for a musical Nordic cultural program not to be missed!

We ask attendees to please bring a bottle of wine and/or cheese/snacks. Please RSVP to Eric Johansson at 631-766-8571. A good will donation for our musical guest will be taken.



**Emigration Anniversary
Tour to Norway**

Tour Leader: Rolf Svanoë

June 24 – July 5, 2025

Commemorate the 200th Anniversary of the first organized emigration of Norwegians to the United States with Vesterheim in 2025! The single masted sloop, *Restauration*, left Stavanger on July 4, 1825, with 52 people on board. Often referred to as the "Sloopers," they arrived in New York City harbor on October 9. Two hundred years later, a replica of that ship is going to recreate their journey.

Join Vesterheim leader Rolf Svanoë along with expert local Norwegian guides for this tour through the fascinating history of Norway during the 1800s. We'll begin in Oslo with a brief city tour and a visit to the Norsk Folkemuseum. We will also visit the Amerikalinjen Hotel, which was once the headquarters of the Amerikalinjen shipping company where many Norwegian emigrants began their trip to America with hopes for a better life. Next, we visit the Norwegian Emigration Museum in Ottestad, the only museum and research center in Norway fully dedicated to Norwegian emigration history.

Then we travel south to the Herregården in Larvik, the former home to one of Decorah's most famous historical people, Elisabeth Koren. Her father was headmaster of the school in Larvik when she and her husband, Rev. U. V. Koren, emigrated. After an overnight in Kristiansand, we drive to Norway's southernmost point for a tour of the Lindesnes Lighthouse. Then it's on to Lista with its strong connection to the United States. We will attend the American Festival Parade held every year in Vansø, and make a brief visit to the American Emigration Museum in Kvinesdal.

Our tour takes us along Norway's west coast to the Utstein Monastery Hotel and home of the replica of the *Restauration* ship. We will meet with the Friends of the Restauration Association and also the Tysvær and Avaldsnes History Association.

On July 4, we will join the celebrations in Stavanger as we watch the replica of the *Restauration* sail away on its recreation of the journey 200 years ago. The tour ends the following day with our hearts full of wonderful memories from our travels in Norway.

For more info, check vesterheim.org or contact Vesterheim Coordinator of Tours to Norway Rolf Svanoë at 563-382-9681, ext. 240,
norwaytours@vesterheim.org.

Loyal Lodge Bazaar

Coming November 16, 11 to 3 PM

More Info:

Coming Soon !!



FROM THE 3RD DISTRICT



Fra

3D President, Steve Helmold, 4th Quarter 2024 – Coming soon. My messages will be presented each quarter going forward
Fraternally, Stephen Helmold

OCTOBER IS INTERNATIONAL FOUNDATION MONTH

Since 1966, the Sons of Norway Foundation has provided assistance to lodges, members, organizations and students to promote and preserve Norwegian culture and heritage and provide higher education and humanitarian aid across the country and the world.

Sons of Norway Foundation has been hoping to raise \$150,000 to ensure that the Scholarship and Grants are available to members for Generations To Come!

How Hot Dogs Became Norway's National Snack

Whether wrapped in flatbread, made with reindeer, or gone gourmet, Norwegians love them.

BY JESSICA FURSETH MAY 23, 202 - MY AMERICAN BOYFRIEND IS SHOCKED. “Are you actually going to eat an airport hot dog?” he asks. We’re sitting in a small Norwegian airport on our way back home to London, and I’ve just spotted the snack stand with rollers of sleek brown dogs, grilled buns, and a whole bar of ketchups and mustards. - “It will be good, trust me,” I say, ordering two.

In Norway, hot dogs are universally great. Sports events, gas stations, convenience stores, festivals, and kids’ birthday parties serve them. People put them in thermoses and bring them on hikes in the woods. At weddings, they’re the midnight snack of choice. On May 17, Norway’s national day, the country’s 5.4 million people celebrated by eating an estimated 13 million hot dogs.

Norwegians have a long history of loving sausage. The sausages of the Viking tradition—called *kjeleormer* (kettle worms) for how they coiled in the pot—eventually evolved into Norway’s Christmas sausage. But the pride of the Norwegian gas station stems from their import to the Nordic countries following World War II. - *Pølse med brød*—directly translated as sausage with bread—is the Norwegian version of an American-style hot dog. “American fast food came to Norway in full force in the 1950s, bringing us hot dogs and soft serve. We were so grateful for Americans’ help during and after the war—everything American was fashionable,” says Annechen Bahr Bugge, food researcher at Consumption Research Norway (SIFO). Young people especially enjoyed hot dogs, and they quickly became part of local culinary culture. Today, six out of ten Norwegians eat a hot dog at least once a month.

Norwegians also like *pølse i lompe*, where a tortilla-style soft bread made with potato flour (similar to what Norwegian-Americans call lefsa) is rolled around the sausage. “Cultural food exchanges across borders are common, and when we get foreign dishes we “Norwegianize” them, using our own resources,” says Bahr Bugge. - This adjustment has also gone the other way. The Syttende Mai committee in Spring Grove, Minnesota’s first Norwegian settlement, serves hot dogs Norwegian-style at its yearly May 17 celebration. “We offer hot dogs wrapped in lefsa with all the toppings, except our potato salad is on the side,” says treasurer Rennae Collins, referring to the requisite ketchup, mustard, and onions. In Norway, potato or shrimp salad is also a valid topping option.

Within Norway itself, there are regional hot dog preferences. Around Oslo, people prefer Wiener sausage, popular for the *knekk* (an audible snap) as you bite into it. In western and central Norway, people prefer the “grill” sausage, a smoother, American-style dog. Increasingly you can also get chicken- or plant-based dogs, as well as innovations on the traditional pork sausage, such as cheese, chili, onion, and the very popular bacon-wrapped dog.

A more health-conscious public means the quality of Norwegian hot dogs has risen in recent years, and they now usually contain at least 50% meat and no more than 20% fat. “A good hot dog has an aromatic meat flavor, is juicy, has a good consistency, and correct chew,” says Hennie Rydjfjord, senior marketing manager at Scandza, which owns the Leiv Vidar and Finsbråten sausage brands.

The ubiquitousness of gas station hot dogs stems from a business decision by Arne Vidar, son of founder Leiv Vidar himself, back in the 1980s. “Leiv Vidar takes gas stations seriously. We run a sausage school for staff at the stations, and we follow up closely to make sure they always serve the best hot dogs, prepared perfectly so they’ll have the right core temperature at the time of eating,” says Rydjfjord.

Hot dog training is also provided to staff at 7-Eleven Norway and Narvesen, Norway’s largest convenience store chain. Lene Løchen-Jensen, head of food at Reitan Convenience which owns the two brands, explains that innovation is rife in the hot dog market. Novelty dogs in recent years have included crocodile and ostrich. “But the classics are always the biggest sellers,” says Løchen-Jensen. Convenience stores now also serve pizza slices, panini and burgers, but old habits die hard, she says. “Hot dogs are still the biggest of the hot food offerings at Narvesen.”

While a cheeky airport dog on my way home to London is my main source of Norway’s national snack these days, my strongest memories of hot dogs are of childhood birthday parties, and of May 17 celebrations where the supply is limitless. It’s hard to beat roasting your own sausage over a fire, built after a leisurely walk across the snow on skis at Easter. “Hot dogs are about childhood, voluntary work, feasts and gatherings, and trips in the woods—things that are important to our identity as Norwegians. [This way,] children are socialized into a hot dog culture from an early age,” says Anne Zondag, analyst at the Norwegian Egg and Meat Council.

But hot dogs aren’t exactly health food. “A hot dog at a gas station instead of dinner is considered low-culture, and a threat to good eating habits,” notes Bahr Bugge. Nevertheless, one chef has embraced the hot dog’s lowbrow reputation. René Fagerhøi’s restaurant Bula Bistro, in Trondheim, serves an exquisite version of the gas station hot dog, consisting of a blood sausage with warming spices on a potato-and-rye lompe.

As Fagerhøi’s restaurant is all about reimagining what she calls “trashy foods,” I ask her if she thinks a gas station hot dog is “good” food. “If we’re talking about the quality of ingredients then no, it’s not,” she says. “But if you want a typical Norwegian food experience, a hot dog in lompe with shrimp salad is about as Norwegian as it gets.”

Especially now that you can also get gluten-free, halal, and vegan options, there’s a sausage for everyone, adds Zondag. “Hot dogs are seen as tasty, simple, and something everyone likes,” she says. “In this way, they’re also democratic.”

LODGE SAVE THE DATE 2024/25

Oct 20* - Lodge Meeting St Peters 2 PM (Note date change)

Due to Church's need for the room on Oct 27th

- Nov 24** - Lodge Meeting St Peters 2 PM
- Dec 8** - Christmas Fest St Peters 2 PM Music by Ellen
- Jan 26** - Lodge Meeting St Peters 2 PM
- Feb 23** - Lodge Meeting St Peters 2 PM
- Mar 23** - Lodge Meeting St Peters 2 PM
- Apr 27** - Lodge Meeting St Peters 2 PM
- May 16** - Lodge Meeting St Peters 6 PM (Change Due to Parade)
- Jun 22** - Lodge Meeting St Peters 2 PM
- Sept 28** - Lodge Meeting St Peters 2 PM
- Oct 26** - Lodge Meeting St Peters 2 PM
- Nov 23** - Lodge Meeting St Peters 2 PM
- Dec 7** - Christmas Fest St Peters 2 PM Music by Ellen?

Activities In and Out of Our Zone!!!

- Nov 16** - Loyal Bazaar St James 11AM to 3 PM
- Jun (2025)** - 3D Cultral Weekend
- Aug 23** - 3D Picnic Nansen Park Staten Island

*** BIRTHDAY CELEBRATIONS ***

Month's Birthdays - Gratulerer Med Dagen!

Name	Day	Name	Day
Mary T Booton	1	Olaf B Johnsen	19
Kate E Johnsen	2	pamela sachs	20
Robert J Saunders	2	Michael D Di Pierro	20
Ann Omholt	8	William A Jensen	23
Krystal M Gottilla	12	Kristen Johannessen	24
Carol A Jacobsen	14	Robert Ryan Wick	24
Andrew J Gottilla	15	Kaylin Roth	28

5 Yr+ Membership Milestones For This Month, Congratulations:

- Norma Anderson - 61 Years, Mari Hansen - 58 Years
- Jean A Rogers - 47 Years, Carol A Jacobsen - 42 Years
- John J Jacobsen - 62 Years, Richard J Edwards - 26 Years
- Karen L Carella - 26 Years, David D Stahl - 23 Years
- Ronald F Price - 10 Years, Carmen - 9 Years
- Andrew J Gottilla - 9 Years, Robert j Saunders 7 Years
- Liliee Bailed-Sachs - 5 Years, Jaxson Sachs - 5 Years
- Chelsea Witman-Sachs - 5 Years, Adam Hughes - 5 Years
- Anita Navarsete - 5 Years,

MEMBERSHIP CORNER

We are experiencing continued losses of brothers & sisters to Lodge Eternal in our Zone, as pointed out by President Roy at our last meeting. We knew them and will miss them terribly. Bringing a sense of reality to the meaning of being cut off from those we have been so lucky to have known. Let us focus on not missing any of the opportunities to be with our fraternal family going forward, thus embracing and help all, that we can, at present and future events while we can.

Meeting Attendances - an attempt to enhance our members benefits by increasing subsidies for good participation. The more involved the more you benefit. If you don't see your name, & you attended, let us know.

9-22-24 Meeting Attendance: MEMBERS Mary Booton, Tim Baxley, Les & Kathy Johannessen, Roy &, Barbara Berntsen, Roy Berntsen Jr., Kristin & Chuck Gottilla, Karen & Steve Helmold, Inger Nielsen, Linda Petersen, Nancy Seals, Nancy Rucci, DoreeAnn Kohl, Susan Olson, Nina & Clif Hotvedt, Fred & Jean Tremel, Mildred Sandberg, Ethel & Bob McKeever, Norma Ohsberg, Leif Easterson, Craig & Christine Carlsen (Z) **Total = 28**

2024 Norden Star Boosters Updated 05/09/24

Berntsen, Barbara & Roy 5/25	Helmold, Steve & Karen 3/25
Berntsen, Margret 5/25	Meusel, Helen 6/27
Berntsen, Roy Jr 5/25	Rucci, Hector & Nancy 7/25
Brown, Greta & George 6/28	Sandberg, Mildred 4/24
Carlson, Craig & Christine 11/24	Seals, Nancy 5/25
Erland, Shirley 9/25	Sorg, Mabel 6/26
Hansen, Elsa 6/25	Fred & Jean Tremel 9/25

IN MEMORY OF

COMMEMORATORS

Erland, Endre & Sigrid 9/25	Daughter Shirley Erland
Frey, Judith 2/30	Daughter Norma Frey
Maies, Betsy Jane Sersted 3/24	Daughter Janet Maies Hannigan
Johansen, Lars, Sigrid & Art 10/30	Family
Jacobsen, Edward 4/29	Brother John & Wife Carol
Larssen, Tryggve & Signe 3/23	Daughter Greta & George Brown
Stuckman, Erik 12/23	Mother Barbara
Skauvold, Harry & Kate 12/24	Daughter Christine Carlson

Room for more members that would like to join us. The \$5/Yr helps mailing costs. The dates following the names denote the end of the annual support

Please make checks payable to Norden Lodge 407

WE THANK ALL OUR BOOSTERS HELPING TO GET THE NEWSLETTER OUT



Til Mine

Once again our Lodge has experienced the loss of a member. Grace Schumacher a long time Sons of Norway member, who in the past was a ver active member, known and loved by many in the Zone. She will be missed as she has been missed in recent meetings due to health

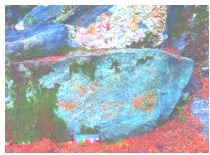
* Our Lodge was blessed to have known her, Rest in Peace !!

What's Going on at Lodge Meetings

- We are doing show & tell - So if you know or have an ethnic item, theory, or custom to share, do it during our meetings. We have had a number of good and interesting presentations.
- We are running a Scholarship Raffle to benefit Zone members Tickets are \$5/ea or 6/\$25 Details are in our minutes!
- Next month's meeting will involve October Fest activities. Come and find out cause I not telling.
- We are having a fund raiser for the increased dues support fund.
- The above items, many of which, are the result of suggestions made during our meetings. Have something in mind? Bring it with you!

Some Cultural Items for the Month

Cultural Corner: *A Norwegian Dad Hiking with His Family Discovered a Rock Face Covered with Bronze Age Paintings* *It's the first time this type of painting has been found regionally.* Rock paintings have never



before been found in the area. **by Richard Whiddington** July 5, 2023.

All Photos: Jan Magne Gjerde, NIKU.

A man on a hike with his family in the countryside outside of Oslo, Norway, has stumbled across a rock face covered in Bronze

Age paintings.

The discovery did not, however, come as a complete surprise to Tormod Fjeld, a graphic designer and devoted amateur archaeologist who has hunted down more than 500 petroglyphs with friends in recent years.

And so, when Fjeld spotted a nearby boulder with unusual coloration while taking a break from hiking, he was ready. Fjeld pulled out his phone, took a picture, and then plugged it into an app that could clarify if the markings were natural pigments, such as iron deposits, or something altogether more interesting.

Once a scene of human figures and animals came into view, he promptly called Jone Kile-Vesik, the local archaeologist, with whom Fjeld has collaborated many times previously.

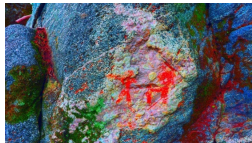
Photo: *Experts think the painting depicts a hunting scene.*

"We were enjoying a little snack of juice and biscuits on a Sunday when I saw something red on the rock," Fjeld said in an interview with the Norwegian Institute for Cultural Heritage Research (NIKU). "I took a picture and went into the app. I had something like an out-of-body experience. I didn't really think it could be anything."



Kile-Vesik called in a team from NIKU to inspect the rocks and they quickly confirmed Fjeld's latest find. The paintings, which include depictions of rowers and standing human figures, are the first to have been found in the coastal area of Østfold and Viken—though the precise location is, for now, being kept a secret to protect them, given contact can quite easily remove pigment. Photo: *A scene with a boat and rowers, a colour effect by Dstretch and Adobe Photoshop was added.*

"They are extremely hard to find due to the faintness of the paint,"



NIKU's Jan Magne Gjerde told Artnet News. "Not many people have been looking for them, which is why not many have been found, though we are sure there are more paintings."

It's the first time that this type of painting has been found in southern Norway and based on the motifs and style researchers believe they were made during the Bronze Age, though the Iron Age remains a possibility.

The researcher also noted that the paintings had been protected by the rock's overhang, which means it's possible that the whole rock was at one time covering in markings.

(Check out this site) <https://news.artnet.com/art-world/norway-dad-hiking-bronze-age-rock-paintings->

Barbara

History Article: The Battle of Hastings: -- part 4

The Minstrel Taillefer leads the Norman attack juggling his sword and singing the 'Song of Roland': Battle of Hastings on 14th October 1066 during the Norman Invasion: picture by Richard Caton Woodville



Harald Hadrada's army had been nearly annihilated in the savage fighting at Stamford Bridge but the Saxons had suffered significant losses. The King's brother, Earl Gurth, urged a delay while further forces were assembled but Harold was determined to show his country that their new king could be relied upon to defend the realm decisively against every invader.

Battle of Hastings; the deaths of King Harold's brothers, the Earls Gurth and Leofwin: a scene from the Bayeux Tapestry.

Safely landed at Pevensey Bay, William built a fortification and then moved further east to Hastings; his troops ravaging the countryside which was known to be part of Harold's personal earldom.



The Saxon army arrived in the area on 13th October 1066 and established a position on a hill north west of Hastings, known subsequently as Senlac (sang lac or lake of blood); putting up a rough fence of sharpened stakes along his line, fronted by a ditch. Harold issued orders as compelling as he could make them that, when throughout the battle, his army was not to move from this position, whatever the provocation.

Barbara

Four days of the week are named after Norse gods.

Each week, whether we know it or not, we pay a small tribute to several gods from the ancient Norse pantheon. In fact, four days of the week are named after deities from Norse mythology. Tuesday comes from Tyr, the Norse god of war, while Wednesday is named after Odin, a powerful deity who was the father of many other Norse gods and ruled over Valhalla, the hall of slain warriors (the name is derived from the Anglo-Saxon word "Wodnesdaeg," meaning "Woden's day"). Thursday's namesake is Thor, the Norse god of Thunder, and Friday is named for Frigg, the wife of Odin and the Norse goddess of marriage and fertility. The presence of Norse mythology in our days of the week is due to the historical connection between the English and Old Norse languages. In the eighth century CE, the British Isles were invaded by Viking tribes from Denmark, Norway, and Sweden, all of whom spoke Old Norse. As a result, many words in the English language are descended from Old Norse. The Vikings adopted the Roman custom of naming the days of the week after gods, but replaced the Latin deities with gods from their own mythology. The Old Norse names of Tyr, Odin, Thor, and Frigg evolved over time to become the weekdays we use in modern English today.

Don't forget by selecting (clicking) on a picture you can enlarge it by selecting it first and then select & hold one of the dots that appear & pull until the desired size is reached



Archaeologists Found Remarkably Preserved Skeletons in an Ancient Viking Burial Ground

The "exceptionally well-preserved"

corpses might even be used for DNA analysis OCT 03, 2024

The remains of more than 50 [Vikings](#) were uncovered recently in Åsum, a village in [Denmark](#), and their remarkable condition could offer incredible insight into the lives they led.

As reported in [Archaeology Magazine](#), a team of archaeologists from Museum Odense were conducting an excavation of the area ahead of a planned upgrade of the local electrical grid. During their dig, they uncovered [a burial ground](#), measuring roughly 2,000 square meters, which held "more than 50 exceptionally well-preserved skeletons," along with five cremation graves. The site has been dated back to the 9th and 10th centuries.

"Normally when we excavate Viking graves," said Michael Borre Lundø, an archaeologist and curator at Museum Odense, "we'd be lucky if there were two teeth left in the grave besides the grave goods...but here we have the skeletons fully preserved. This opens up a whole new set of possibilities for discoveries."

Boythe world is certainly finding out more and more about the Vikings every year. Couple the above with recent finding of evidence that the Vikings may have found their way into the St Lawrence seaway, may lead to a path to Minnesota via the Great Lakes. All very exciting!

Calls go out to abolish Norway's monarchy, and ensure it (Oct 1, 2024)



Recent royal scandals have sparked a call for a referendum to decide whether Norway should abolish its monarchy and become a republic instead. At the same time, a majority in Parliament wants to let the country's young princess be able to step in as regent if the

need arises, while a police investigation into her step-brother's violence and drug use expands.

King Harald V will be succeeded by his son, Crown Prince Haakon. His granddaughter, Princess Ingrid Alexandra, is second in line to the throne. Now a majority in Parliament wants to change the constitution to allow her to become a regent, so that she could take over official duties if both her father and grandfather are indisposed. [Stay tuned this could be a big change!](#)

Russia a 'bully' among fishing boat owners

September 30, 2024

The leader of the Norwegian federation representing the country's large fleet of fishing boat owners is frustrated by the Russian Navy's decision to hold military exercises in prime fishing grounds that are within Norway's economic zone. "There are enough other areas of the Barents Sea where they could be," Odd Kristian Dahle of the federation *Fiskebåt* told state broadcaster NRK.

He was reacting to how a Russian warship recently [fired warning shots at a Norwegian fishing boat](#) north of Vardø, and then escorted it out of the area. "They should shoot where there are far fewer boats and less conflict

than what we've seen here," Dahle said. He claimed the Russians provoked those on board the Norwegian boat and said it was "unnecessary to hold a shooting exercise in the middle of the best fishing grounds where there's a lot of activity."

Grocery stores drop 'price hunters'

Grocery stores drop "Price Hunters"

September 24, 2024 - Two of Norway's largest grocery store companies, NorgesGruppen and REMA1000, have stopped sending *prisjegere* (literally, price-hunters) into each other's stores to check and record shelf prices on a wide range of items. One researcher called the move "an implicit admission" that such price-checking has hindered competition.

There was no immediate response from Coop, the third-most dominant grocery retailer in Norway. All three firms [face huge fines from competition authorities](#) in Norway, who charge them with illegal cooperation on grocery pricing. It's not unusual that everyday items like sliced cheese cost exactly the same at a REMA and Kiwi store, the latter of which is the allegedly low-price chain in NorgesGruppen. (Might be nice if we had a group that checked prices here in the US. Some believe pricing issues maybe going on daily which overwhelms our agencies.)

Still no interest rate relief in Norway

September 19, 2024 Many other countries have been lowering interest rates, but Norway's central bank has decided to buck the trend once again. Its policy rate was kept at 4.5 percent on Thursday, and probably won't be cut until early next year because of ongoing price hikes.

"The policy rate will likely be kept at 4.5 percent (until) the end of the year," stated Norges Bank Governor Ida Wolden Bache after another meeting of the bank's committee on monetary policy and financial stability. Her goal is to "tackle high inflation," not just cool it down.

(Just in case you didn't feel the rest of the world isn't feeling the effects of the pandemic)

Norway is mulling fence along its border, Norway's minister says.

October 1, 2024 - Norwegian authorities are reported to be thinking about building a fence along the border with Russia, according to Minister of Justice and Public Security Emilie Enger Mehl.

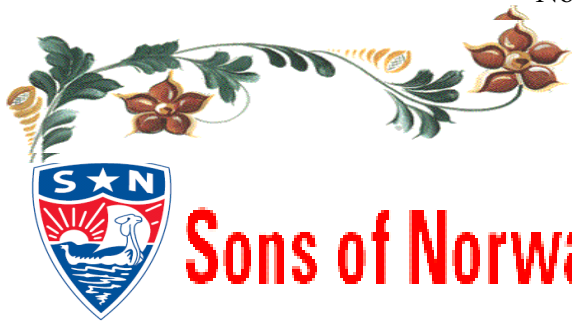
Any such proposal would come amid growing geopolitical tensions between the West and Russia, with the latter widely believed to be pushing migrant crossings as a means to pressure Western countries.

"A border fence is very interesting, not only because it can act as a deterrent but also because it contains sensors and technology that allow you to detect if people are moving close to the border." A minister stated that the Norwegian government was considering "several measures" to strengthen security along its Arctic border with Russia, including building a fence, increasing border personnel and enhancing surveillance efforts.

Currently, there is one official border station between both nations, the Storskog station, where until now the number of illegal border crossings has remained low. At the site there is a 200-metre-long fence, standing 3.5 metres high.

(Any of this sound familiar or relatable ?)

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Join us at our **next meeting on Oct 20th at 2PM** –Once again take advantage of the warm camaraderie. Some Octoberfest activity is in the planning. And with Halloween in the air it may make for some interesting happenings. **Don't forget our show and tell presentations. Come join us! Oh yeah, bring a friend to discover the true meaning of "Koselig"**



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